



Campers with their handcrafted Calusa masks in the Walk Through SWFL History exhibit photo provided

Register For Science Camps This Summer

When the dismissal bell rings for the final time this academic year, Imaginarium Science Center (IMAG) will roll out eight exciting weeks of summer camp, each with a unique science and history theme to engage young

minds and bodies, starting Monday, June 5 and concluding the week of August 4. Now is the time to register children entering grades 1 to 7 at www.i-sci.org.

After a successful spring camp introduction, Survivor! Calusa Style returns to kick off the roster of immersive experiences to keep kids busy all summer long. Could you survive a day in Southwest Florida – before cars, air conditioning and supermarkets?

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Nathan Asks To Step Aside As Lee Health President

At a recent Lee Health Board of Director's meeting, Jim Nathan asked the board to accept his request to relinquish his position as president/CEO and finish the remaining two years of his contract as a resource to the board of directors and senior administration. The new role would become effective June 1 and continue through the end of Nathan's contract, March 19, 2019. Nathan will retain benefits and accrued benefits but will not be paid any additional compensation.

In this new role, Nathan would be "on call" to perform duties as determined by the board or president/CEO. Nathan asked the board to approve his new role as part of his succession plan and due to a desire to work at a different pace than he has for the past 40-plus years. "The timing feels right to make this transition. I am proud of the impressive team we have assembled and feel that Lee Health is prepared for the challenges of a rapidly changing health care delivery system and the "future world" of coordinated care and population health," Nathan said.

"Jim's legacy to this community cannot be overstated. It was his leadership and



Jim Nathan photo provided

vision that grew Lee Health from a single hospital to one of the nation's largest public health systems," said Sanford Cohen, MD, chairman of the Lee Health Board of Directors. "Jim has expertly piloted Lee Health to significant success during his tenure and has assembled a talented management team. We are pleased that his new role as a resource to the board

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TV Talent Contest Winner To Perform Poolside May 5

Taylor Hicks, *American Idol* winner of season five, will perform an intimate poolside concert at the Sanibel Harbour Marriott Resort & Spa on Friday, May 5 from 7 to 9 p.m. The concert is part of the Champions 4 Children's Southwest Florida charity weekend to benefit Blessings in a Backpack Southwest Florida. Limited general admission and VIP tickets are available online.

Hicks took the world by storm with his original take on southern soul, R&B, country and blues. Since his *American Idol* victory, Hicks has released a platinum label album, topped *Billboard's* Hot 100 and was named *People Magazine's* Hottest Bachelor of the Year.

General admission tickets are \$35 and grant access into the concert with food and beverage available for purchase. VIP tickets are available for \$100 each and grant access to the VIP viewing area, which provides complimentary food and beverages as well as an opportunity to meet additional celebrity champions who are former Olympians, professional



Taylor Hicks photo provided

athletes and collegiate athletes. The Champions 4 Children Southwest Florida charity weekend will include scenic day cruises, Texas Hold 'Em Poker Tournament, golf tournament at The Dunes Golf & Tennis Club, Kentucky Derby party, live auction and a

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Students Invasive Species Exhibition Opens During Art Walk

The Sidney & Berne Davis Art Center (SBDAC) is hosting an opening night celebration for a student exhibition called Invasive on Friday, May 5 at 6 p.m.

Invasive is a collaborative exhibition at SBDAC created in partnership with the Lee County School System and the Foundation for Lee County Schools. The exhibition will be made up of artwork depicting invasive exotic plant and animal species created by Lee County students.

The free exhibition celebration is part of May's Art Walk. Students were asked to unite art and design with science, and adequately research the biology and ecology of the invasive species and the local Southwest Florida ecology in order to make their artistic renderings. They had to think critically and creatively about controlling and lessening the destructive impact of invasive species on the native ecosystem.

The exhibition, which is a part of the STEAM initiative, will be on display until Wednesday, May 24. Art Walk operates the first Friday from 6 to 10 p.m. and Saturday from 11 a.m. to 4 p.m. of each month.

The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. Visit www.sbdac.com for more information.✱



Invasive web

image provided

Historic Downtown Fort Myers, Then And Now:

Catch The Trolley, Nine Decades Later



by Gerri Reaves, PhD

What lends this 1926 photo special appeal is the impression that one could almost step right onto First Street. In the left foreground of the photo taken from the northwest corner at Dean Street, two women head toward Broadway. It's tempting to identify with them. Where are they headed and what does their day hold?

Adding the photo's immediacy is the familiarity of the rooflines and facades on the south side of First. They look essentially as they do now – in fact, as they have since about 1915.

Looking at the street crowded with Model-Ts, who would have guessed that only a decade earlier the newfangled automobile

had been competing with horse-drawn wagons for street space?

To aficionados of the vintage-design River District Trolley, that bus approaching the entrance to Patio de Leon stands out. That bus was most likely one of the fleet run by Barron G. Collier's Tamiami Trail Tours, which had a downtown terminal.

Imagine you're on that bus in 1926 and inching eastward (leftward). You'll pass the Leon Building and the First National Bank at Hendry Street, followed by the Earnhardt and Langford Buildings.

On the corner at Jackson Street, you'll pass the three-story Bank of Fort Myers Building, whose roof is visible left center in the photo.

A somewhat hazy seven-story Franklin Arms Hotel looms above the bank roof and left of the water tower. That "skyscraper" was still only a couple of years old when the



First Street hums with activity just weeks before the Hurricane of 1926 changed South Florida history. The bus, which calls to mind today's Downtown Trolley, is but one detail that makes the historic scene familiar.

photos courtesy Florida State Archives



The perspective from Dean Street is reminiscent of August 1926

photo by Gerri Reaves

historic photo was taken.

Still farther on in the distance at Royal Palm Avenue the steeple of the First Methodist Church projects distinctly above the trees.

Meanwhile, on the north side of the street, the *Tropical News* sign (left) can't be missed. That newspaper had begun publishing only six years earlier and had become a daily in 1922. The local press in August 1926 was full of large ads for banks and construction-related businesses, signs of boom-times.

But this photo captures the end of the peak boom, although, of course, no one in the August 16, 1926 photo could have known.

In four and a half weeks, the legendary hurricane of 1926 will hit.

The subsequent physical destruction and economic downturn served as South Florida's own prelude to the 1929 stock-market crash that marked the official start of the Great Depression.

Walk down First and ponder the ephemeral nature of history.

And promise yourself a ride on the Downtown Trolley when it resumes its run through historic downtown next season. You can pretend it's 1926 as you are transported down First.

Continue your adventures in local history by visiting these two research centers: The Southwest Florida Historical Society is an all-volunteer non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.swflhistoricalsociety.org for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer non-profit organization are 11 a.m. to 4 p.m. Tuesday through Friday and noon to 4 p.m. on Saturday.

For information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Sources: Archives of the Southwest Florida Historical Society.*

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Theater To Show World Premiere, Contest Winner

Theatre Conspiracy presents the world premiere of the thrilling and suspenseful *Noli Timere (Don't Be Afraid)* by Jared Michael Delaney and directed by Bill Taylor at the Alliance for the Arts. *Noli Timere (Don't Be Afraid)* is the winner of Theatre Conspiracy's 2016-17 New Play Contest. The contest, now in its 18th year, provides opportunity for audiences to get involved with play selection and production.

The last production of Theatre Conspiracy's 2016-17 season opens May 5 and runs until May 20 at the Alliance for the Arts. The play tells the story of a newly ordained priest and his sister who are made to confront something from their past that neither is expecting when a strange man knocks on the door of the rectory late one night. A confrontation occurs that leads them both into a frightening world that may, in fact, just be our own.

The cast is set with local actors including Thomas Marsh as Thomas; Dena Galyean as Mary; and Ken Johnson as a man.

Theatre Conspiracy held its New Play Contest Fundraiser in November 2016. The three finalists for the contest were selected from over 600 entries across the United States, Canada, Israel, Thailand and England. An excerpt from each play was presented as staged readings, without costumes and props. After the conclusion

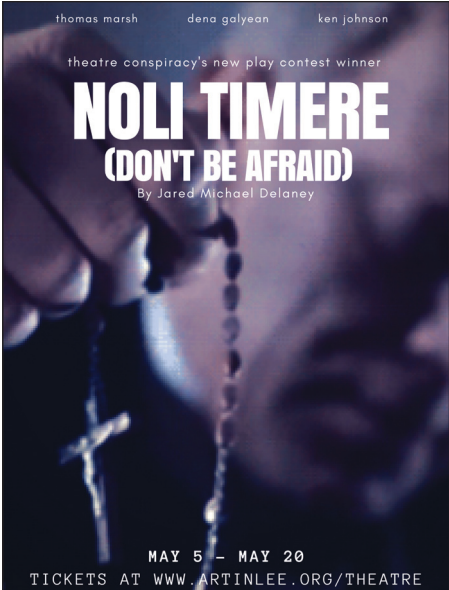


image provided

of the final reading, the audience voted on which play they wanted to see. *Noli Timere (Don't Be Afraid)* was the selected winner.

"New playwrights need support and we're honored to use this opportunity to propel the future of theatre," said Theatre Conspiracy Founder and Artistic Producing Director Bill Taylor. "The script of *Noli Timere* captivates you from the beginning and you're left wondering what's coming next."

Tickets are \$24, \$22 for Alliance members or \$11 for students.

To purchase tickets or for more information, call 939-2787 or visit [www. ArtInLee.org/Theatre](http://www.ArtInLee.org/Theatre).

Play Educates On Human Trafficking

The Laboratory Theater of Florida presents *Body and Sold* by Deborah Lake Fortson, a stunning play about human trafficking, with performances on Friday, May 5 and Saturday, May 6 at 8 p.m. and Sunday, May 7 at 2 p.m. Taken from personal stories of victims of human trafficking, the play sheds light on a growing problem in Southwest Florida.

Each performance will feature a post-show discussion with members of the community who help victims of trafficking, promote awareness of the issue and work to bring sex traffickers to justice. Individual show tickets are \$25 for adults, \$21 for seniors/military and \$5 for students at the door.

"It has been eight months since a dramatic and tragic human trafficking-related incident in a Lee County school, but the truth is that this kind of story is happening every day in southwest Florida," said Artistic Director Annette Trossbach. "Awareness is the first step in recognizing and combating this evil. Because the theater strongly feels that it is young people who most need to be able to recognize the signs of trafficking and be aware of this issue, students are encouraged to attend and ticket prices have been reduced to \$5 for this production."

Kathleen Moyer makes her Laboratory Theater of Florida directing debut with this piece. "This piece is different from other scripts because it's not a fictional story with imagined characters. We are sharing the experiences of real people. It has been important to me and the cast to honor the personality, resilience and struggle of these individuals," Moyer said. "Each character changes and is capable of the unthinkable; whether at first popular or rejected, victim or predator, no one emerges from tragedy without scars. I see *Body and Sold* as a triumphant story of the survivors and those who reached out and hung on to help them rebuild their lives."

This presentation is made possible by a grant from the Manning Family Trust Fund and from a cooperative grant from the Southwest Florida Community Foundation for a larger human trafficking awareness project with Human Trafficking Awareness Partnership (HTAP).

Workshops led by the theater and Human Trafficking Awareness Partnerships (HTAP) will be presented in Lee County middle and high schools through early next school year.

For tickets and more information for all shows and events, call the theater at 218-0481 or visit LaboratoryTheaterFlorida.com. The Laboratory Theater of Florida is located in the River District at 1634 Woodford Avenue in Fort Myers.

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Boots & Bling For Healthy Start

Kick up your heels and have some fun at the 3rd annual Boots & Bling fundraising event to benefit Healthy Start Southwest Florida at Florida Southwestern College, Building U, on Saturday, May 6 from 5:30 to 8:30 p.m. The fun-filled evening will include complimentary beer and wine, a BBQ dinner and a special dessert from the Melting Pot.

It's also Kentucky Derby day and there will be a new twist on the "horse" races at our Boots & Bling event. Twelve companies have sponsored

and decorated their wooden horses. Place your bets as the horses enter the starting gates. Then, cheer them on as our celebrity emcees from WINK News roll the dice to see which horse will cross the finish line first in this race for healthy moms and babies.

There will also be a silent auction – just in time for Mother's Day. Also, back by popular demand are bingo, heads or tails, balloon pops and more. The fun-filled benefit helps give babies a Healthy Start in life.

Tickets are \$40 per person. Advanced purchase required. Tickets available at www.HealthyStartBaby.org.

For more information, call 425-6920. Recommended attire is country casual with a bit of bling.

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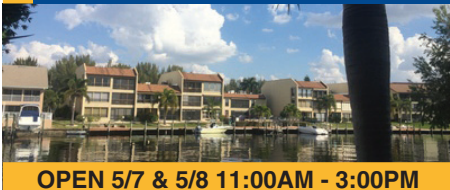
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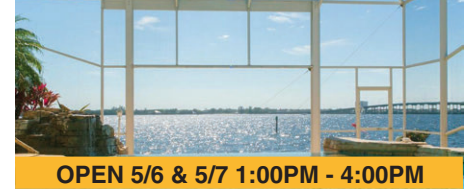
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Fort Myers Art:

Submissions Sought For Exhibit At Local Airport



by Tom Hall

Thanks to a decade-long partnership between the Alliance for the Arts and the Southwest Florida International Airport, millions of travelers get to see works by

area artists as they arrive and depart. The Art in Flight program brings art to public spaces at the local airport.

The Alliance is now accepting submissions for By The Sea, a juried photography exhibit that portrays the amazing life beneath the waves and on the shores of Florida's coasts. The deadline for entry is June 1. For more information, visit www.artinlee.org or email exhibitions@artinlee.org. By The Sea will be exhibited from July 2017 to July 2018 at the local airport. "With 825 miles of beaches to choose from, you're in good sands," touts an official from the Alliance.

Established in 2010 for the purpose of showcasing the diversity of art, culture and community within the Southwest Florida region, the program is available to local and regional cultural



Children of the Everglades was a past exhibit in the Art in Flight program

photos courtesy www.artsfwf.com

organizations, individual artists and collectors who wish to exhibit artwork and artifacts of public interest that demonstrate artistic merit, cultural significance or educational value.

With the establishment of the Art in Flight program, RSW joins the growing number of airports that have converted their often-antiseptic empty terminal spaces into discovery zones where weary, bored and stressed travelers – and their families and friends – can kill time by soaking up a sampling of the local culture and artistic flavor. "People are spending so much more time in airports," observed Indianapolis

Museum of Art Director Maxwell Anderson. "They've become a kind of gateway to local culture."

Local artists, arts and cultural organizations, and area museums are more than willing to oblige the airports in their need to provide entertainment for passengers. Although no official statistics have been compiled to date tying art in airports to increased attendance at art galleries, cultural events or museums, most believe that airport exhibitions are a valuable way for them to reach a captive audience of people who probably don't characterize themselves as museum or gallery goers. If only a fraction of the passengers who pass through an airport each day pause for a look, that still means that each exhibit is being seen by far more people than the median attendance for art museums in the United States of roughly 44,000 visitors each year.

The injection of spectacular, whimsical and unexpected displays of art into normally utilitarian spaces is an easy win for airports as well. Both permanent and rotating exhibits enable congested airports to change

their branding from anxiety-inducing no man's lands to large, curated spaces that provide aesthetically pleasing and entertaining art and cultural displays. Comment cards bear this out. Passengers frequently report that airport art helps them alleviate the stress that inevitably builds as they wait in line to get through security.

"We get letters all the time from passengers who are surprised to find museum-quality art at an airport," shared David Vogt, who manages the art programme at Hartsfield-Jackson Atlanta International Airport. "Not only do our local passengers appreciate it," added Dallas/Fort Worth Vice President of Marketing Sharon McCloskey, "but we believe that the artwork helps influence people's decision to use DFW as a connecting airport."

The addition of art exhibitions in busy terminals also helps airport vendors. Airports are likely to partner ever more increasingly with local museums, galleries, cultural organizations, historical societies, science organizations and design firms for intermediate-length and short-term rotating exhibitions. The exhibitions themselves are likely to be coordinated with increasing frequency with city-wide and regional shows such as art and cultural festivals, anniversary celebrations and major conventions. And to fund the expansion and conservation of existing collections, municipal, county and regional airport authorities may seek percent-for-art ordinances that mandate the allocation of a portion of new construction to airport art.

In the end, these efforts and initiatives will serve to convert airports into artports that benefit passengers, employees, airports and the communities they serve.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.✪

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From page 1

Science Camps

Other theme weeks include Go with The Flow, where campers dive into Southwest Florida's watery wonders. Kids will rave about rocketry and how cool physics is after a week of Space Race. Explore the past and future of technology at Tech Talk. Snot, owl puke and all sorts of yucky things are the subject of Grossology – The Science of the Strange. Do you think you have what it takes to be a CSI agent? Find out at Crime Time. Tinkerers unite for Robo-Engineering. Finally, zoom through history to explore our world from prehistoric times to modern-day, then predict the future at Time Travelers.

Camp sessions include discovery in IMAG's exhibit halls; science, humanities and arts activities; outdoor and free time; Animal Encounter live

animal experience; outdoor exhibit tours and feeding the fish at Fish-Eye Lagoon; and a 3-D film viewing.

All camps run 9 a.m. to 4 p.m. Monday through Friday, with the session divided into two classes based on camper age. All camp sessions include fun and educational hands-on activities, games, crafts, special guests and exhibit exploration. An innovative curriculum integrating science, the arts and humanities inspires the imagination and encourages an overall love of learning. Pre- and post-camp is available from 8 to 9 a.m. and 4 to 5:30 p.m. Cost is \$175 per week for members and \$215 for non-members.

Rising students in grades 8 to 12 may apply to the Junior Camp Assistant Training Program. This exciting professional development opportunity allows students who are interested in working with children in an educational setting to assist camp educators with day-to-day activities.✪



From left, Nir Kabaretti, Amy Ginsburg and Tom Uhler

Maestro Extends Symphony Pact

The Southwest Florida Symphony recently announced that Maestro Nir Kabaretti has signed a three-year contract extension and will continue to serve as the orchestra's music director and conductor. Maestro Kabaretti burst onto the Southwest Florida cultural arts scene in 2013 after the symphony conducted an extensive search to fill its vacant music director position. In addition to his vibrant conducting style and engaging pre-concert conversations, Maestro Kabaretti won the hearts of the symphony's board, staff, musicians and patrons with his warm personality, humble nature and forward-thinking vision for the symphony's future. "Nir is an absolute treasure," said Amy Ginsburg, Southwest Florida Symphony's executive director. "It's no wonder he's in such high demand elsewhere. Our community is beyond fortunate to have this caliber of talent in our midst." The symphony's board chairman, Tom Uhler

said, "The trustees, staff and loyal patrons of the symphony are all thrilled that Maestro Kabaretti has agreed to a three-year extension of his contract. When the announcement about his contract extension was made from the stage at the final concert of the symphony's 56th season, it was met with enthusiastic cheers from the entire audience. It's clear that he's adored by this community."

In addition to Maestro Kabaretti's directorship with the Southwest Florida Symphony, he continues to serve as the music director of the Santa Barbara Symphony in California, where he will commence his 12th season this year. He is also in high demand as a guest conductor both nationally and internationally, and guest lecturer at some of the most prestigious universities in the country. Most recently, Maestro Kabaretti conducted the Kalamazoo Symphony in Michigan on April 1, then went on to lecture on the art of conducting at Western Michigan University. During that tour of the Midwest, he also worked with conducting students, then led the orchestra at Indiana University.✱

Dress For Success Grant Awarded

Dress for Success SW Florida received a \$15,000 grant from The Women's Giving Circle of Southwest Florida, a fund of the Community Foundation of Collier County.

The funds will be used to sustain the nonprofit's career center and its programs that help enrich and empower women in Collier and Lee

counties.

Barbara Dell, CEO of Dress for Success SW Florida said, "We are grateful having received a grant from the Women's Giving Circle of Southwest Florida. This will allow Dress for Success SW Florida to improve the quality of life of more disadvantaged women and their families in the community."

For more information about Dress for Success SW Florida, contact Nickole Hendra at 689-4992 or visit www.dfsswflorida.org.✱

Public Relations Chapter Awards

The Florida Public Relations Association Southwest Florida Chapter (FPRA SWFL) recently announced the winners of its Chapter Awards at Alliance for the Arts in Fort Myers. The award ceremony takes place annually to recognize outstanding service to the public relations profession and to FPRA SWFL.

Awards were presented in five categories: Rising Star, Unsung Hero, Chapter Member of the Year, PR Professional of the Year and Lifetime Achievement.

Lisa Murray, APR, received the Rising Star Award, which recognizes an up-and-coming leader who has shown enthusiasm and passion for the profession and is making a positive difference through their service to chapter events, career pursuits and in other arenas.

Pam Nulman, APR, CPRC, and Karen Ryan, APR, CPRC, were honored with the Unsung Hero Award, which recognizes the contributions for hard work and dedication 'behind the scenes' that helps to enhance and promote the public relations profession and honors consistency in providing support and assistance to the chapter and its professional goals without hesitation.

Randy Mitchelson, APR, received the Chapter Member of the Year Award, which is given to the person who goes



Lisa Murray, left, received the Award from Tiffany Whitaker photo provided

above and beyond in their commitment of time and energy to ensure the success of the chapter and who serves as an ambassador to the community.

Jessica Walker, APR, CPRC, was honored as the PR Professional of the Year Award, which exemplifies the high standards of the public relations profession in Southwest Florida with a consistent professional attitude and professional conduct as well as being cooperative and supportive of fellow public relations professionals and interested in raising the professional standing in the community.✱

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Along The River

The River District Alliance will host the monthly art event called **Art Walk** in **downtown Fort Myers** this Friday, May 5 from 6 to 10 p.m. and Saturday from 11 a.m. to 4 p.m. The free, self-guided evening tour of visual arts gallery openings takes place each first Friday and Saturday of each month on a rain-or-shine basis.

Fourteen galleries invite visitors and residents to meet the artists and enjoy live art demonstrations and live entertainment throughout the river district. On Friday from 6 to 10 p.m., there will be an opening reception at Arts for ACT Gallery, located at 2265 First Street, featuring painter Pat Cleveland.

For more information, visit www.fortmyersriverdistrictalliance.com.

Six Bends Harley-Davidson will hold a festival this Friday, May 5 from 6 to 10 p.m. called **Cinco With A Twist**.

Local country and national Latin acts come together to offer the ultimate Cinco de Mayo celebration with a twist. Bring friends and a lawn chair and enjoy authentic and specialty food, drink, and incredible music at the most unique venue in Southwest Florida.

Cost to attend is \$25. Six Bends Harley-Davidson is located at 9501 Thunder Road in Fort Myers. Visit www.sixbendshd.com or call 275-4647 for more information.

Sanibel Harbour Marriott Resort & Spa will host a **Kentucky Derby**



Ribs will be one of the hot ticket items at Taste of the Beach photo provided

Party and Auction this Saturday, May 6 beginning at 7 p.m.

Wear your Derby's best outfit. The Kentucky Derby-themed extravaganza will feature food, drinks, music and dancing along with a silent and live auction.

Sanibel Harbour Marriott Resort & Spa is located at 17260 Harbour Point Drive on the way to Sanibel in Fort Myers.

The party/auction comes one day after a poolside concert with *American Idol* winner Taylor Hicks, which is part of the Champions 4 Children's

Southwest Florida charity weekend at the resort to benefit Blessings in a Backpack.

The first annual **Downtown Derby Party** to support the volunteer mission of the Junior League of Fort Myers will be held on Saturday, May 6 at **The Barrel Room at Twisted Vine Bistro** at 2214 Bay Street in downtown Fort Myers.

Guests will enjoy food, a specialty Derby cocktail, spirited silent auction and much more race-themed fun. All are encouraged to dress to impress with prizes being awarded for the best hat and best outfit. The 143rd running of the Kentucky Derby will be broadcast live at the event to ensure all guests

can watch the excitement of the most exciting two minutes in sports.

Tickets for this event are \$65 and can be purchased by visiting www.jlfm.org/derby2017. All proceeds will benefit the ongoing volunteer mission of the Junior League in Southwest Florida.

For additional event information or to inquire about sponsorship opportunities, email events@jlfm.org.

The 22nd annual **Taste of the Beach** will showcase many local restaurants serving samples of their best signature dishes available for purchase along **Old San Carlos Boulevard** on Fort Myers Beach on Sunday, May 7.

The popular food festival, run by the Greater Fort Myers Beach Area Chamber of Commerce, will involve approximately 16 restaurants plus promotional vendors and live music provided by Jo List and Friends from noon to 4 p.m. New this year will be an updated server competition and vendor village.

Participating restaurants will also be competing for Taste of the Beach awards in several categories – Best Appetizer, Best Dessert, Best Meat Dish, Best Chicken Dish, Best Seafood Dish, Best Decorated Booth and People's Choice.

Festival gates will open at 11 a.m. Food will be served until 4 p.m. or until it runs out. Tickets will be available on site. Admission is \$5 for adults and children over age 12. All children under age 12 will be admitted free. Food tickets are \$1 each, with the cost of a plate averaging \$5.

A new vendor village will feature local artisans and vendors of all kinds.

For more information, visit www.fortmyersbeach.org.

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MDA Muscle Walk

More than 35 teams from the Fort Myers area are registered to take a small step to fund powerful progress for the Muscular Dystrophy Association during the 7th annual MDA Muscle Walk of Fort Myers at the Bell Tower Shops (courtyard area) on Saturday, May 6 from 5:30 to 8 p.m.

The Muscle Walk raises critical funds and awareness to help the Muscular Dystrophy Association save and improve the lives of local children and adults fighting muscle disease and ALS. For registration information, visit www.musclewalkmda.org/fortmyers or call the local MDA office at 437-6900.

"Through the MDA Muscle Walk, people in Fort Myers and the surrounding communities can join forces to raise critical dollars that will make a real difference in the lives of people fighting life-threatening muscle disease in our community," said MDA Executive Director Erin Randall. "By registering and raising money for the Fort Myers Muscle Walk, you can help local MDA families face the challenges muscle disease often brings, helping them to maintain their independence and live the best possible lives. We encourage everyone to ask their friends,

family, co-workers and neighbors to raise funds and walk as a team to help MDA move toward a world free of the harmful effects of muscle disease."

Thanks go out to local sponsors who will be present at the event, such as Quantum Rehab, Ocean Conversions, Zaxby's, Lowe's, Enterprise Rental Car, Publix, Sunshine Ace Hardware, Trades of Hope, Feel It Reel It, Body Astrology and Jason's Deli.

More than 140 Muscle Walk events are expected to take place throughout the U.S. in 2017. Last year, dedicated participants raised \$8 million through Muscle Walk for MDA and more than \$33.8 million has been raised since Muscle Walk began in 2011. Funds raised through the Muscle Walk program build on decades of research progress, helping push science to its limits in the search for treatments and cures and provides individuals with life-enhancing programs and support services, including state-of-the-art multidisciplinary care at the MDA Care Center at Sarasota Memorial Hospital in Sarasota. Funds raised also make MDA Summer Camp possible for more than 47 area kids, where they can experience the best week of the year at no cost to their families at Rotary Camp in Brandon, Florida.

Conference On Aging May 17

Hope Healthcare is hosting the 16th annual Southwest Florida Conference on Aging at Crowne Plaza Fort Myers at the Bell Tower Shops on Wednesday, May 17 from 8:15 a.m. to 4 p.m. Doors open at 7:45 a.m.

The conference, multi-disciplinary for health care professionals, older adults and family caregivers, offers education on generational aging, elderly exploitation, senior social issues, postoperative delirium and self-advocacy and medical conditions. It will conclude with a conversation about gratitude.

Registration is \$85 for licensed professionals and includes six contact hours; \$70 for United Way Partner Agencies; and \$50 for caregivers, students and the public. Registration fees include lunch and program materials.

Presenters for the conference include Glenn Gutek, Atticus Practice Management Systems; Heather Conley, Department of Children & Families; Dr. Thomas Felke, Florida Gulf Coast University; Dr. Ajay Mayor, Lee Health; Dr. Susan Cassidy, CriticalMD; and Jonathan Scalone, Hope Healthcare.

The Conference on Aging is sponsored by Prather & Swank, P.A. and hosted by Hope Healthcare in

partnership with Arden Courts, the Area Agency on Aging for Southwest Florida, Florida Gulf Coast University, Lee Health and United Way of Lee, Hendry, Glades and Okeechobee counties.

The registration deadline is May 10. To register online or to print the registration form, visit www.donate.HopeHCS.org/COA17. For more information, call 482-4673.

Hope Healthcare, which provides exceptional care and support to individuals and their loved ones as they fulfill life's journey, is located at 13051 Bell Tower Drive.✱

Donations Needed

Donations are being sought for Books, Balls, and Board Games, the newest Push-It-Forward initiative created by Pushing the Envelope (PTE) Inc. The campaign is a collection drive benefitting two Lee County non-profit organizations – Boys & Girls Clubs of Lee County and Pickup the Ball. Both organizations have similar missions of providing opportunities for youth and young adults to lead positive transformation in themselves, their families and their community.

Donations sought include new and gently used children and young adult books, sports balls and board games.

They will be accepted now through Friday, May 26.

"We're grateful for the community's continued support in helping our youth succeed," says Boys & Girls Clubs of Lee County Chief Executive Officer Shannon Lane. "The children understand that their community supports them making good decisions and that is what matters most."

"As we transition to establishing a permanent location, the timing for us receiving this kind of assistance could not be better," says Pickup the Ball Founder and Executive Director Ted Sottong. "Pickup the Ball and our members are appreciative of the support we continue to receive from the community."

Items can be dropped off for donation at any one of the following locations:

- Pushing the Envelope, Inc. – 9111 West College Pointe Drive, Suite 110, Fort Myers
- Boys & Girls Clubs of Lee County (seven locations)
- Barrett Park – 9262 West Creek Circle, North Fort Myers
- Bonita - 26120 Pueblo Bonito Boulevard, Bonita Springs
- Palmetto – 1829 Maryland Avenue, Unit E-14, Fort Myers
- Sabal Palm – 3701 Sabal Palm Boulevard, Fort Myers
- Shady Oaks – 3280 Marion Street, Fort Myers
- Stars Complex – 2980 Edison Avenue, Fort Myers
- Suncoast – 1856 Suncoast Lane, North Fort Myers
- Florida Gulf Coast University Cohen Center – 10501 FGCU Boulevard, Fort Myers

• Matteo Graphics – 2309 Hancock Bridge Parkway, Cape Coral

For more information, visit www.GetPushing.com/BBB, call 221-2858, or email Diana Leadley at diana@getpushing.com.✱

New Security Measure For Hospital Visitors

Visitors to HealthPark Medical Center and Golisano Children's Hospital of Southwest Florida will encounter a change when they enter the hospitals starting in May. To enhance security, a Fast Pass identification system is being installed at the public entrances. Visitors will be required to show state issued identification or passport and will be issued a photo name badge to wear while in the hospitals. The badges are each good for just one day.

Fast Pass is an identification system that rapidly prints an adhesive photo badge. Lee Memorial Hospital and Gulf Coast Medical Center currently use the Fast Pass system, and similar systems are often used in school systems and by cruise lines.

"We continually evaluate our security protocols to provide the safest environment possible for our patients and visitors," said Steve Marz, director of security. "This system will allow us to know who is coming into the hospital and the reason for their visit." ✱

Bird Walks At Park And Beach

Experience two of the best birding sites in Lee County during a walk with a bird patrol guide at Lakes Regional Park and Bunche Beach. The park walk will happen on Saturday, May 6 at 8 a.m., while the beach walk occurs on Thursday, May 11 at 5:30 p.m.

The park walk is an easy walk along clear paths offering an opportunity to see birds in native vegetation with experienced guides pointing out the many species at the Lee County birding hot spot and crucial nesting area.

Lakes Regional Park is located at 7330 Gladiolus Drive in Fort Myers. Meet at Shelter A7. Once you enter the park gate, turn right and drive to the end

of road, continue through the parking lot, and Shelter A7 is located near the train station.

For the beach walk, interested participants are asked to meet on the beachfront on the south end of John Morris Road, which is off Summerlin Road in Fort Myers. The event, provided in cooperation with Lee County Parks and Recreation, is free with parking fee of \$2 per hour (tour is approximately two hours). Restrooms are in the building within the first parking lot.

For both walks, it is recommended to bring binoculars, sun protection, shoes that can get wet, a bottle of drinking water, your curiosity and love of nature.

For more information, call 533-7580 or 533-7576. These tours, free with paid parking, is provided in cooperation with Lee County Parks and Recreation. Visit www.birdpatrol.org to learn more.✱

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Reverend Joins All Faiths As Minister



Rev. CJ McGregor photo provided

Rev. CJ McGregor will join All Faiths Unitarian Congregation of Fort Myers as its settled minister on May 1.

Reached by phone after a deciding vote, Rev. McGregor stated, "I'm grateful to be welcomed as your next minister. Our congregation has so many good things happening in serving our community and our faith. We have an exciting future ahead of us."

Rev. McGregor will deliver his first sermon as settled minister on Sunday May 7 at 10:30 a.m. All Faiths Unitarian Congregation is located at 2756 McGregor

Boulevard in Fort Myers. All are welcome to attend for fellowship, conversation and coffee hour following the service. All Faiths is wheelchair accessible.

Born and raised in the Adirondack Mountains in New York, Rev. CJ and his husband Richard have a home there for summer retreat. Rev. CJ and Richard have been partnered 24 years and have two adult sons who live in New York and Massachusetts.

Rev. CJ holds degrees in education from Mater Dei College and divinity from Andover Newton Theological School and is adjunct professor of Ministerial Formation at Meadville Lombard Theological School. He serves the Florida UU Ministers Association as Good Officer or Minister to Ministers. Prior to the ministry, Rev. CJ held leadership roles in non-profit organizations in New York and Massachusetts.

Rev. CJ McGregor most recently served as the Developmental Minister at First Unitarian Universalist Congregation of the Palm Beaches in North Palm Beach from 2013 through 2017. Rev. CJ has served congregations in Massachusetts and Rhode Island. He served as director of religious education for eight years in a Massachusetts congregation. He has served as a hospice chaplain and a chaplain in a forensic unit of a Massachusetts state hospital. He's served the denomination as commissioner of the Commission on Social Witness and has served the Journey Toward Wholeness Committee.

Rev. CJ describes himself as a theist with strong humanist leanings. That is, he feels held by something greater and believes we can save ourselves if we are

committed to love and justice. He holds the freedom of belief dear and teaches that we all have a place at the table and encourages Unitarian Universalists to walk the talk by welcoming everyone regardless

of beliefs. Rev. CJ describes his ministry as pastoral, stating that he receives the greatest satisfaction from being in relationship with congregants and offering care, support and guidance.✧



Southwest Florida Handbell Ensemble photo provided

Handbell Concert

On Sunday, May 7 at 4 p.m., the Southwest Florida Handbell Ensemble will present a free concert titled Hymns, Psalms, and Spiritual Songs at New Hope Presbyterian Church.

Directed by Michael Helman, the director of music and organist at Faith Presbyterian Church in Cape Coral, this concert will feature arrangements of hymn tunes and spirituals by some of

the finest bell arrangers. The ensemble was formed in 2009 and has inspired listeners in various venues throughout Lee County. The Southwest Florida Handbell Ensemble is Southwest Florida's only auditioned, community-based handbell ensemble.

New Hope Presbyterian Church is located at 10051 Plantation Road in Fort Myers. For more information, contact Benjamin Ball, director of traditional music at New Hope at 274-1230.✧

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION

Sunday 10:30 a.m., 2756 McGregor Boulevard, allfaiths-uc.org, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC

Sunday 10:30 a.m. 10291 Bayshore Road, 305-651-0991.

ANNUNCIATION GREEK ORTHODOX

Sunday 9 and 10 a.m. 8210 Cypress Lake Drive, annunciation.fl.goarch.org, 481-2099.

BETH SHILOH MESSIANIC SYNAGOGUE

Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BREAD OF LIFE MINISTRIES

Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

CHABAD LUBAVITCH ORTHODOX

Friday 6:30 p.m. 5620 Winkler Road, chabadswf.org, 433-7708.

CHAPEL OF COVE

Sunday 10 a.m. 10200 Cypress Cove Circle, revtedalthouse@aol.com, 850-3943.

CHURCH OF THE CROSS

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

CONGREGATIONAL

Sunday 10:30 a.m. 1619 Llewellyn Drive, taecc.com, 334-4978.

COVENANT PRESBYTERIAN

Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CYPRESS LAKE BAPTIST

Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN

Sunday 8, 9, 10 and 11 a.m. 8260 Cypress Lake Drive, www.clpc.us, 481-3233.

CYPRESS LAKE UNITED METHODIST

Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH FELLOWSHIP WORLD OUTREACH

Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m. 6111 South Pointe Boulevard, 278-3638.

FAITH UNITED METHODIST

Sunday 8:45 and 10:30 a.m. 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST

Sunday 10:30 a.m. 2390 West First Street, christiansciencefortmyers.net, christianscience.com.

FIRST CHURCH OF THE NAZARENE

Sunday 10:30 a.m. and 6 p.m. 13545 American Colony Boulevard, 936-2511.

FIRST UNITED METHODIST CHURCH

Sunday 9:30 a.m. and 5:30 p.m. 2466 First Street, www.fumcftmyers.org, 332-1152.

FORT MYERS CHRISTIAN

Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway, 482-3133.

IONA-HOPE EPISCOPAL

CONGREGATION Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m. 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC

Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m. 881 Nuna Avenue, 481-1143.

KINGDOM LIFE

Sunday 10:30 a.m. 2154 McGregor Boulevard, 218-8343.

LAMB OF GOD

Sunday 7:45 and 10 a.m. 19691 Cypress View Drive, lambogodchurch.net, 267-3525.

NEW BEGINNINGS CENTER

Friday 6:30 and 7 p.m. 8505 Jenny Cae Lane, nbcministry@embarqmail.com, facebook.com/nbcministry, 656-0416.

NEW COVENANT EYES

Monthly 9 a.m. 1900 Park Meadows Drive, newcovenanteyes.com, 220-8519.

NEW HOPE BAPTIST

Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

NEW HOPE PRESBYTERIAN

Sunday 8, 9:30 and 11 a.m. 10051 Plantation Road, www.newhopefortmyers.org, 274-1230.

PEACE COMMUNITY

Sunday 10:30 a.m. www.17671 Pine Ridge Road, peacecommunitychurch.com, 267-7400.

PEACE LUTHERAN

Sunday 9:30 a.m. 15840 McGregor Boulevard, www.peaceftmyers.com, peace@peaceftmyers.com. 437-2599.

REDEEMER LUTHERAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD

8, 9:45 and 11:30 a.m. 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC

Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m. 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC

Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m. 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE

METROPOLITAN Sunday 10 a.m. 3049 McGregor Boulevard,

344-0012.

SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m. 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m. 111 Evergreen Road, saintnicholasmonastery.org, 997-2847.

ST. VINCENT DE PAUL CATHOLIC

Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m. 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST

Sunday 11 a.m.; Wednesday 6 p.m. 16940 McGregor Boulevard, 454-3336.

TEMPLE BETHEL SYNAGOGUE

Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. 16225 Winkler Road, templebethel.com, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)

Friday 6:30 p.m. and Saturday 9 a.m. tjsfwf.org. 14486 A&W Bulb Road, 433-0201.

THE NEW CHURCH

Sunday 11 a.m. 10811 Sunset Plaza Circle #401, newchurchflorida.com. 481-5535.

UNITARIAN UNIVERSALIST

Sunday 10:30 a.m. 13411 Shire Lane, uucfm.org, 561-2700.

UNITY OF FORT MYERS

Sunday 9:15 and 11 a.m. 11120 Ranchette Road, unityoffortmyers.org, 278-1511.

WESTMINSTER PRESBYTERIAN

CHURCH Sunday 9:30 and 10:45 a.m. 9065 Ligon Court, 481-2125.

WORD OF LIFE

Sunday 10 a.m., Wednesday 7 p.m. 2120 Collier Avenue, 274-8881.

ZION LUTHERAN

Sunday 8, 9:30 and 10:45 a.m. 7401 Winkler Road, zionfm.org, 481-4040.✧

FORT MYERS FARE

DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well-known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

ISLAND COW

Where can you go when you're in the "moood" for some great cookin', local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with French doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music

on one of Sanibel's only al fresco eating porches. Now serving full liquor island cocktails!

2163 Periwinkle Way, Sanibel. Call 472-0606.

LAMOTTA'S ITALIAN RESTAURANT

LaMotta's Italian Restaurant & Pizzeria was established in 1979 and is one of the longest-running family eateries in the Fort Myers area. Chef Camelo LaMotta serves traditional Italian dishes such as chicken parmesan, lasagna, pizza and calzones as well as specialty creations like osso bucco, lobster risotto, pescatore and filet Florentine.

Try LaMotta's New York-style pizza, cooked in a 500-degree oven for the perfect crunchy slice. For specialized desserts, treat yourself to cannolis and tiramisu along with a cappuccino or coffee.

Hours include Monday through Friday from 11 a.m. to 9 p.m.; Saturday from noon to 9 p.m.; Sunday from 4 to 9 p.m.

15660-225 San Carlos Boulevard, Fort Myers, 482-5505.

SUMMERLIN JAKE'S

Summerlin Jake's Seafood and Steaks, a sunset dining water view restaurant in Fort Myers, located near the Sanibel Bridge, offers new American cuisine prepared in the old Florida tradition. Paying tribute to the rich history of Punta Rassa, where Jake Summerlin owned a wharf that he used to ship his cattle to Cuba and the local waters that are famous for being the home to big game fishing, Summerlin Jake's offers freshly caught local seafood, tender, juicy prime steaks, smoked ribs, brisket and chicken and heart-healthy, vegan choices that are locally sourced, hand-selected and artfully prepared. Summerlin Jake's is open Monday through Friday 11 a.m. to 10 p.m. and Saturday and Sunday 8 a.m. to 10 p.m. (Breakfast served 8 to 11:30 a.m.). Happy Hour is 3 to 6 p.m. daily. Live music on Friday and Saturday 5:30 to 10 p.m.

17501 Harbour Pointe Drive, 466-5377.

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IslandSunNews.com

TERRA NOSTRA

Terra Nostra Ristorante Italiano serves classic Italian fare in the former Cork & Barrel suite in the Target center at 15880 San Carlos Boulevard.

Owners Fernando and Sao Uva welcome you to their new location after spending many years on Fort Myers Beach. They bring over Chef Anthony Grandepiogga and Maitre d' Reginald Beach. The establishment seats 156 people, including outdoor dining.

The mission of Terra Nostra is to serve homemade food in a restaurant environment. Try some of Fernando's hand-crafted specialties: Bouillabaisse, Chicken Monte Carlo and Penne a la Fiero. With these selections and house favorites, you will never leave hungry. Have a drink from the full liquor bar or sip from the many hand-selected wines or ports. A family atmosphere and attentive service will make your dinner a dinner to remember.

Terra Nostra is open six days a week from 4:30 to 10 p.m. It is closed Tuesday until further notice.

15880 San Carlos Boulevard, Suite 110, Fort Myers, 590-8147.

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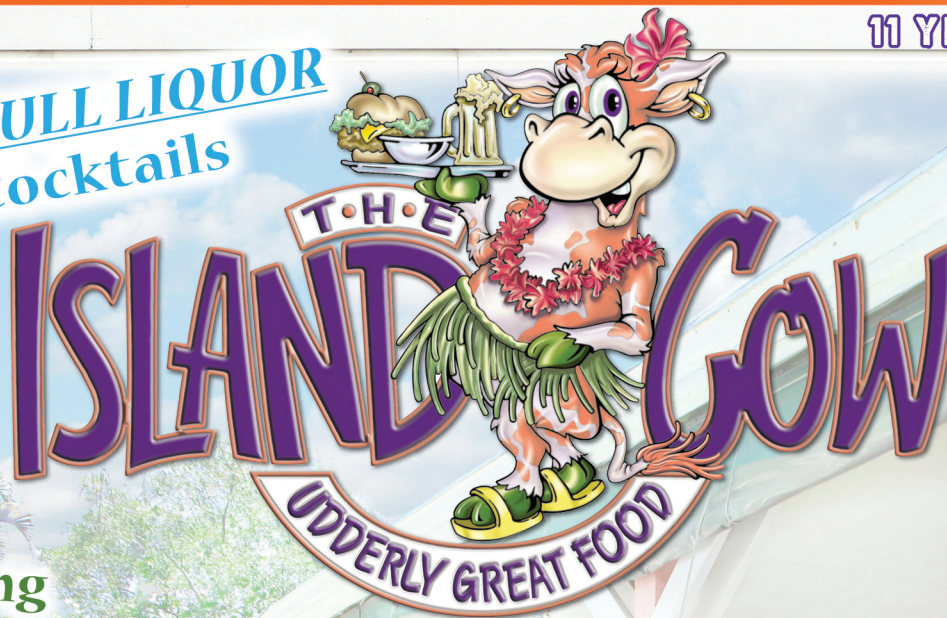
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From left, Holly Boldrin, Teri Hansen, Skip Leonard and Debbie Toler photos provided

Wine & Food Fest Volunteers Appreciated

On April 12, SWFL Children’s Charities, Inc. hosted an appreciation event for volunteers of the 2017 Southwest Florida Wine & Food Fest. Graciously underwritten by Lee Health Foundation, event volunteers enjoyed wine and hors d’oeuvres at Gloria’s LaTrattoria Café Napoli in Fort Myers.

The two-day 2017 Southwest Florida Wine & Food Fest included Chef Vintner Dinners on February 24 and The Grand Tasting & Live Auction on February 25 at Miromar Lakes Beach & Golf Club, which raised \$3.2 million for pediatric health care, with 100 percent of the ticket sales and live auction bids from the event benefiting Golisano Children’s Hospital of Southwest Florida, Florida Gulf Coast University and Florida SouthWestern State College.

Volunteers were instrumental to the event’s success, from the production of



Pam Wittenauer and Ava Bickel the event to the creation of an enhanced experience for guests and donors, as well as the vintners and chefs who participated in the event.*



From left, Sarah Hoogerhyde, Emily Golden, Lumary Velazquez and Melissa Coffa



Gail Root and Lucy Costa



EL Fox and Lori Summers



Debbie Toler and Lucy Costa



Tracy Siekmann and Pam Wittenauer



From left, Rachel Toomey, Ava Bickel and Allie Schotanus



The 2016 Class of Scholar-Athletes

Scholar-Athletes Honored At Awards Banquet

Rotary Club of Fort Myers South will honor 36 nominees and announce the scholarship recipients and other award winners at its Scholar-Athlete Awards banquet at the Crowne Plaza in Fort Myers on Wednesday, May 10 from 7 to 9 p.m. The scholarship program recognizes top athletes from area high schools based on athletic and academic achievement, along with strength of character.

Five-time Olympic medalist John Naber will deliver the keynote address. Naber, who held five world records between 1976 and 1983, has attained excellence and goal achievement throughout his career, which has included work as a network television and radio sports broadcaster, author, corporate speaker and performance coach guiding thousands of achievers to realize their world-class goals.

Returning for its 13th year as a major sponsor, the Southwest Florida Rheem Team will proudly serve as the overall \$10,000 Scholarship Sponsor.

Eighteen Lee County-area high schools each nominated one top male and female varsity letter winner who maintains a minimum 3.2 GPA, is involved in school and community activities and demonstrates leadership characteristics. A selection committee of Rotary South members interviews nominees and selects the winners.

The 36 nominees are: Santiago Corredor and Mindie Mabry from Bishop Verot Catholic High School; Sam Keating and Peyton Hornung from Canterbury School; Jonah Martinez and Emma Barcena from Cape Coral High School; Preston Moore and Adrienne Baker from Cypress Lake High School; Trevor McDaniel and Te'Niya Jones from Dunbar High School; Tyrik Pitts and Jaritza Crespo from East Lee County High School; Arye Scott Beck and Alina Faunce from Estero High School; Matthew Malavsky and Rachel Miller from Evangelical Christian School; Evan Babatz and Krissy Gear from Fort

photo provided

Myers High School; Kaleb Konieczki and Rachel Legiec from Gateway Charter; Jimmy O'Connor and Sedona Townsend from Ida S. Baker High School; Kory Curtis and MacKenzie Hare from Island Coast High School; Patston Stewart and Amani Desamours from Lehigh Senior High School; Sean Kostyk and Journi Northrop from Mariner High School; Garrett Morgan and Kayla Easterly from North Fort Myers High School; Cole Schneider and Valerie Iglehart from Riverdale High School; Althieri Leontes and Garbrielle Taveras from South Fort Myers High School; and Dillon Martino and Sarah Kathryn Sheffield from Southwest Florida Christian Academy.

For more information about the 31st Annual Rotary Club of Fort Myers South's Scholar-Athlete Awards, contact Rob Scharlau at 810-2554 or rob.scharlau@busey.com.*

Tax Collectors Ethics Course

Dr. Eric Dent, chair of business ethics at Florida Gulf Coast University, will present a training course on ethics to 64 Florida Tax Collectors and staff attending an executive training program from May 8 to 12 in Fort Myers. The week of training includes ethics and finance as well as sessions with state agencies the tax collectors represent including Highway Safety and Motor Vehicles, Department of Agriculture and Florida Fish and Wildlife.

Collectors and key staff members from 67 state counties were invited to participate in the annual four-hour ethics session required by Florida statute. Dr. Dent will cover essential elements of the Sunshine Law that regulate such activities as open meetings, public records and acceptance of gifts as well as discuss the spirit behind the law.

"Laws such as Florida's Sunshine Law have been enacted to make sure people 'do the right thing,'" said Dr. Dent. "We'll be discussing the ethical behaviors codified in the law. If Florida officials understand them, they won't get tripped up by any of the laws."



Eric Dent

photo provided

The chair of business ethics at Florida Gulf Coast University is funded, in part, by an endowment offered through the Uncommon Friends Foundation, a nonprofit organization established in 1993 and dedicated to lifelong character building among today's youth and business leaders. For more information, visit www.UncommonFriends.org or call 337-9503.*

From page 1

Lee Health

and administration allows Lee Health the continued benefit of his strategic leadership."

Nathan joined Lee Memorial Hospital in 1975 as an administrative resident and was promoted to vice president for institutional services in 1976. He was appointed as president of Lee Memorial Hospital in 1982. In 1997, Nathan temporarily left the health system to take a consulting role in pursuit of national health care reform and to assist senior leadership teams. He returned to the role of president/CEO of Lee Health in 2000.

Nathan has been recognized many times for his leadership and has been active in many civic activities. Current and past board member positions include the Florida Gulf Coast University Foundation, Foundation for Lee County Schools, American Heart Association of Lee County, Red Cross of Lee County, Southwest Florida Community Foundation and the Coalition for a Drug-Free Southwest Florida of which he was the founding chairman.

Nathan has also been active in industry associations, including board and committee positions with the Hospital Safety Net Alliance of Florida, Florida Hospital Association and the American Hospital Association. He is a Fellow of the American College of Healthcare Executives.

The board of directors is in the process of discussing Nathan's request, the appointment of an interim president/CEO and a plan to appoint a successor.*

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Kids sightseeing with mom aboard the Edison Explorer

photos provided

Free Cruises To Celebrate Moms

Pure Florida's Naples and Fort Myers locations will celebrate Mother's Day weekend May 12 to 14 by offering moms free cruises aboard all sightseeing, river and sunset cruises when accompanied by paid adult or child admission.

Passengers cruising from Pure Florida's Naples location will sail the Gordon River aboard the *M/V Double Sunshine*. Cruises set sail at 10 a.m., noon, 2 p.m. and 4 p.m., with sunset

cruises departing at 7 p.m. Adult admission is \$37.50 during the day and \$40 for the sunset cruise. Children's admission is \$18.75 during the day and \$20 for the sunset cruise. Drinks and snacks will be available for purchase on-board.

Guests visiting Pure Florida's Fort Myers location will cruise the Caloosahatchee River aboard the *M/V Edison Explorer*. Cruises will depart at 11:30 a.m. and 2 p.m. with sunset cruises departing at 7 p.m. Adult admission is \$32.50 during the day and \$35 for the sunset cruise. Children's admission is \$16. Drinks will be available for purchase on board.



Moms and children enjoy a sightseeing cruise with Pure Florida

Narration on local history, wildlife and ecology is provided by Coast Guard-certified captains who are master naturalists. Aboard the vessels, guests are invited to relax and enjoy the natural beauty of Southwest Florida and observe the wildlife native to the region. While Pure Florida cannot guarantee animal sightings in the wild, the captain will alert passengers to wildlife such as dolphins, eagles, manatee, native birds and more.

The *M/V Double Sunshine* departs from the historic Tin City, located at

1200 Fifth Ave. S. in Naples and the *M/V Edison Explorer* departs from The Marina at Edison Ford, located at 2360 W. First St. in Fort Myers. Reservations are required.

Mother's Day cruises cannot be combined with Pure Florida's Kids Cruise Free program.

For more information on Pure Florida, or to register for a Mother's Day cruise, visit www.PureFL.com or call Pure Florida's Naples location at 239-263-4949 or its Fort Myers location at 919-2965.*

Plant Smart

Slender Amaranth

by Gerri Reaves

Slender, or green, amaranth (*Amaranthus viridis*) can pop up almost anywhere – in vacant lots and sidewalk cracks or fertile fields or yards.

There is some disagreement over whether this very common weed is native to the state.

Although usually classified as a weeds in South Florida, in other parts of the world, this plant and similar ones in the genus *Amaranthus* are consumed as a leaf vegetable, a use to which the common name African spinach alludes.

Amaranth is also called pigweed – an oddity, since it's poisonous to pigs.

Like quinoa, amaranth is not a true grain, but a nutritious pseudo-grain that can be ground into flour. It is cultivated as a pot herb and also valued as an ornamental.

Slender amaranth has erect stalks one to three feet tall that can be reddish. The alternate ovate leaves are distinctly veined with rounded tips.

The name amaranth derives from Greek and means "does not wilt or wither," a reference to the dense terminal flower spikes.

The flowers are yellowish or green, and male and female flowers are intermixed. In South Florida, the plant flowers all year.

It self-propagates with the tiny round dark brown or black seeds.

Slender amaranth has medicinal uses and is used to make soap.

Sources: cabi.org, efloras.org,

newworldencyclopedia.org, and wildflower.org.

Plant Smart explores the diverse flora of South Florida.*



Slender amaranth, a common weed in South Florida, is used in other parts of the world as an herb, salad green and medicinal plant
photo by Gerri Reaves



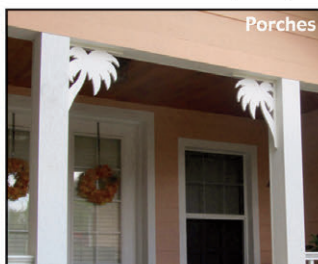
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CROW Case Of The Week:

Great Blue Heron



by Bob Petcher

The great blue heron (*Ardea herodias*) can be deceiving in its appearance. While impressive in its length and graceful in its slow methodical wing beats, the large thin bird can appear motionless and unassuming before striking quickly on prey with its long, S-shaped neck and dagger-like bill. Its grayish-blue plumage also

blends into many landscape scenarios, allowing the heron to sneak up on its prey with long, calculating steps.

Great blue herons breed in colonies of mixed wading birds or within their own species. While single, the male bird may attract a mate from a chosen nest site. With mate, the male heron delivers material for nest while the female builds their home. Though it is monogamous during breeding season, the great blue heron may decide to choose a new mate for next season.

This type of heron can grow to be four-feet tall. When flushed, its warning croaks are often sounded right before take-off. This mainly occurs when the bird is hunting, which can be up to 90 percent of its waking hours. An average lifespan is roughly 15 years.

At CROW, an adult great blue heron was admitted to the hospital on April 22 from Captiva Island. It was brought in sporting a large fishing lure with a three-barb hook embedded in its right elbow and another three-barb hook embedded in its right leg. Medical officials cut the hooks with wire cutters to aid in the



Patient #17-1215 with its two bandaged areas

photo by Brian Bohman

removal of the embedded pieces. The wounds were flushed and bandages were applied.

While CROW officials do not know how the embedded lures entered the heron, it does appear the injuries could have been the result of an irresponsible fisherman, discarded fishing equipment or someone who did not have the knowledge to remove the hooks from the bird.

Dr. Heather Barron, CROW's hospital director,

remarked there should be an attempt at removing hooks that get embedded in birds. She also cited a website to help in the process.

"Anglers can view an instructional video at www.ClearYourGear.org on how to properly remove hooks," she said.

The Clear Your Gear project was established in 2014 as a collaborative effort among Sanibel-Captiva conservation organizations partly due to an increase in wildlife injuries caused by fishing equipment and entangling monofilament line. The website shares a video to show the proper handling of a bird after it has been hooked and the removal of the hook. There is also an easy-to-follow list on what to do and what not to do procedures.

When admitted, the heron was found to be "dehydrated with a thin body condition." Due to the patient's weakened status, Dr. Barron agreed the heron's injury may not have occurred recently.

"It does appear that the hooks had been embedded in the bird for some time," she said.

The great blue heron has been receiving fluids and will continue to receive nutritional support and fresh bandage changes until the wounds have healed. After last weekend, the patient appears to be improving to the point that it could be back in the wild soon.

"The number of bandage changes can vary based on the severity of the wound and the length of time it takes to heal. Bandages are typically changed every 24 hours," added Dr. Barron. "The heron was moved to a larger enclosure over the weekend. The next step will be release, likely in the coming week."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Taking Care Of Our Snook Resource



by Capt. Matt Mitchell

Targeting snook, redfish and trout without scheduling any tarpon charters this week turned out to be the right decision after the strong winds that we experienced

almost every day. These overly windy conditions are nothing new for the month of April although these last few weeks do seem windier than usual. Although it's certainly not impossible to tarpon fish during rough windy conditions, it just makes it a whole lot harder to locate the fish and really limits the places you can look for them.

After catching my shiners daily by sunrise and before the winds ramped up, it was just a matter of getting around the sound to fish areas that the wind and tide were moving in

the same direction to find outstanding fishing. The strong morning incoming tide pattern had the snook fired up once you located them. Our changing wind directions did make it a little tougher than normal to pattern these fish, and some days it took me a few stops before I located them. While targeting snook, we also caught a few quality redfish, trout, some bigger mangrove snapper and even hooked into two small tarpon.

Looking back at this snook season as it comes to a end May 1, I think warmer water and the abundance of shiners we had basically all winter long were the major factors for this action being better than the past few years. This last week of season, my clients caught three slot-sized fish along with two over the 33-inch slot. We released them all unharmed. On most half-day trips, we caught at least 20 snook of all different sizes. This snook fishery that we are lucky enough to enjoy is a amazing resource. Take care of it, and it only gets better and better.

Snook fishing is catch and release only until September as these fish begin there annual spawn. It's more important than ever to handle them as little and carefully as possible. Do whatever you can to ensure that they can swim off



Larry from Lexington Country Club with his first snook, a 34-incher caught while fishing with Capt. Matt Mitchell this week

unharmed to not only fight another day but to complete there spawn. Nothing is worse than watching an angler drag a big female snook up on the beach and then swing it around holding it only by the bottom jaw for a picture or selfie. Odds are they killed that fish. Swinging any fish on a gripping tool or by the bottom jaw that you intend to release is just not good for the fish.

After catching a snook, it's always best to remove the hook without removing the fish from the water using a hook-out tool. If you do want that photo, wet your hands first then reach into the water holding the bottom jaw with one hand while supporting the belly with your other hand. Keep the

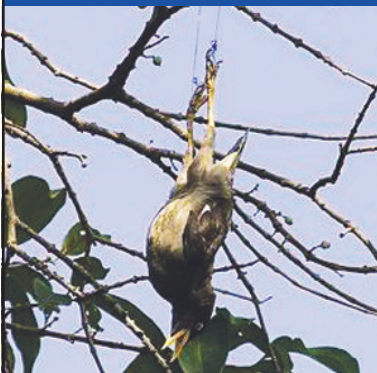
fish in the water until your ready to get your picture taken then gently and quickly lift the fish out. When releasing, hold the snook in the water letting it grip your thumb with its mouth until its fully revived and kicks off. Keep your eyes open too for that hungry dolphin that will charge in for a free snook dinner. If we all do our best to take care of this awesome resource, snook fishing will only continue to improve.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.*

Send Us Your Fish Tales

We would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to press@islandsunnews.com or call 395-0113.

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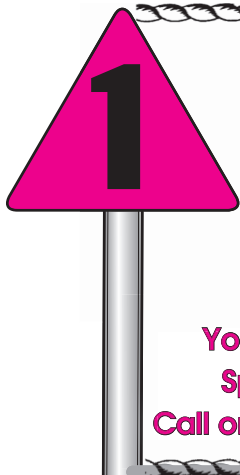


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Digital Marketing Manager Hired



Anna Bejerano

photo provided

CONRIC PR & Marketing recently appointed Anna Bejerano as digital marketing manager. Bejerano brings her creative writing, social media, graphic and web design skills to help elevate CONRIC's digital marketing strategies for clients. She will develop and implement uniquely branded campaigns to build a strong online reputation and brand identity that cultivates trust and fosters strong engagement.

"Bejerano's vast experience in creation and implementation of successful social media and digital marketing campaigns will be an asset to our clients and our company as CONRIC continues to expand its digital marketing footprint in 2017," said CEO Connie Ramos-Williams. "This is especially important as the majority of all marketing projects at CONRIC are strategically distributed

across various digital platforms to optimize results."

As CONRIC's digital marketing manager, Bejerano will develop cost-efficient, user-friendly strategies that drive traffic to clients' websites, develop social media platform content and build online engagement. She will also assist the company's digital team with web design, video editing and brand development.

Originally from upstate New York, Bejerano returned to Southwest Florida — her home for more than 17 years — after graduating with her bachelor of arts degree in English from Florida International University in Miami. In 2016, she received her master of fine arts degree in creative writing from Full Sail University. She served as a communications specialist for a large educational non-profit in Miami and then as a digital media specialist at WGPU where she led the redesign of its website and mobile application. Bejerano experienced firsthand how social media has changed the digital marketing landscape and became fluent in crafting blog and social media posts on platforms that include Facebook, Twitter, Instagram, Pinterest, Flickr and Snapchat.

When it comes to digital marketing, Bejerano firmly believes that the foundation of a successful campaign is built on understanding how businesses interact with potential customers on social media platforms and reaching the maximum number of people.

"I love waking up each morning and feeling like I've helped make life easier for local business owners by creating a strong brand identity and online presence for them," said Bejerano. "An aesthetically pleasing, mobile-friendly website and strong social media presence are key parts of any business' brand identity."*

Republican Women

The Fort Myers Republican Women's Club will have a legislative wrap-up as their program for their monthly luncheon meeting on Tuesday, May 16 at The Helm Club at The Landings in South Fort Myers. Legislators from Southwest Florida have been invited to share their comments about this year's legislative

session and bills that were passed. The public is invited to attend.

A social hour begins at 11:15 a.m., with the luncheon and program following at noon. The cost of the luncheon is \$20. Reservations are required by Thursday, May 11 and may be made by contacting Tina Laurie at 489-4701.

Additional information about the club may be obtained by contacting the president, Carole Green, at 850-590-2206.*



Rheem team

photo provided

Business Renews Scholar-Athlete Title Sponsor Role

The Rotary Club of Fort Myers South Florida Rheem Team will serve as the overall \$10,000 scholarship sponsor for the 31st annual Rotary South Scholar Athlete Banquet. This is the 13th year the Southwest Florida Rheem Team has served as a major sponsor of the event and its eighth year as the overall Scholarship Sponsor. The scholarship program recognizes top athletes from area high schools based on athletic and academic achievement, along with strength of character.

Charlie Costa, secretary of Southwest Florida Rheem Team, said, "The Rheem Team is a dedicated group of air conditioning experts who consider ourselves philanthropists first. The Scholar Athlete program is one of the most exciting ways for us to give back to the community we love. To encourage the hard work, talent and dedication in our young people is a powerful investment in our future."

The local rotary club will honor 36 students from 18 area high schools and will announce the recipients of several

scholarships at its Scholar Athlete Awards banquet at the Crowne Plaza in Fort Myers on Wednesday, May 10. The Southwest Florida Rheem Team will underwrite two \$5,000 scholarships as the program's Title Scholarship Sponsor.

The Southwest Florida Rheem Team was formed 17 years ago. In addition to maintaining the highest possible standard of technical expertise in their field, the six member HVAC contractors work together to contribute to the local and global community. The support of the Scholar-Athlete Awards is only one of many valuable contributions these philanthropic service professionals make in Southwest Florida.

Eighteen Lee County-area high schools nominate one top male and female varsity letter winner who maintains a minimum 3.2 GPA, is involved in school and community activities and demonstrates leadership characteristics. A selection committee of Rotary South members interviews nominees and selects the winners.

Event sponsorship opportunities are still available for the May 10 banquet, starting at just \$100 to sponsor a scholar-athlete. Scholarship sponsorships are also available, starting at \$1,000 per student. For more information about the 31th annual Rotary Club of Fort Myers South's Scholar-Athlete Awards, contact Rob Scharlau at rob.scharlau@busey.com.*



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Republican Women To Meet

The Lee Republican Women Federated club will hold its May lunch meeting at Pinchers – The Marina at Edison Ford on Monday, May 8. The meeting begins with a 11 a.m. social followed by the lunch and program.

Lee County Commissioner Brian Hamman will be the featured speaker. Cost is \$22 to attend. The public is welcome.

Pinchers – The Marina at Edison Ford is located at 2360 West First Street in Fort Myers. It is located adjacent to the Edison & Ford Winter Estates in the Fort Myers River District.

To RSVP, visit www.leerepublicanwomen.com or contact Wren Morefield at 270-210-1284 or wrenspet@hotmail.com.✱



Brian Hamman

photo provided

Financial Focus

Smart Investing Helps You Keep Moving Toward Your Goals



by Jennifer Basey

It's Kentucky Derby time again. Even if you're not much of a horse racing fan, you might appreciate all the Derby's pageantry – the mint juleps, the women's beautiful hats, the singing

of *My Old Kentucky Home*, and so on. But if you look beyond the hoopla, you'll realize just how much work it takes to put on such an event. And the efforts of one group in particular – the jockeys – may be able to provide you with some lessons in life... and in investing.

For starters, consider the stamina the jockeys show as they steer 1,000-pound thoroughbreds around the track at Churchill Downs. Riding a racehorse is difficult, demanding and dangerous, requiring enormous endurance on the part of the jockey. And in many areas of life, you too will need to show some staying power. That's certainly true when you invest.

You need the fortitude to keep on investing, in good markets and bad ones, and during all the phases of your life – even after you've retired. It might not always be easy – during turbulent markets, you may be tempted to take a "time out" – but the most successful investors are usually the most persistent ones.

Here's another trait shown by Kentucky derby jockeys: vision. Jockeys must be able to spot the spaces they need to go through to gain the position they want. In other words, they see where they want to go. As an investor, you need this same ability. To illustrate:

What do you want your retirement to look like? Will you stay close to home and volunteer? Will you travel the world? Will you even open a small business? You need to envision your goals if you're going to achieve them.

Strategy is also important to jockeys. They all want to win the race, but they employ different methods. For example, three-time Kentucky Derby winner Calvin Borel's strategy usually involves riding his horse on the rail at the inside of the track – so much so that his nickname is "Bo'rail." As an investor, you need a strategy that's appropriate for your goals, risk tolerance and time horizon. Such a strategy will involve choosing a suitable mix of investments, reviewing your portfolio's progress at regular intervals, and making changes as necessary.

Finally, jockeys need knowledge. Is the track in good shape? How has the horse been behaving lately? What's the weather going to be at post time? To be a good investor, you also need plenty of knowledge. You'll need to pose some questions about individual investments you're considering: How will this investment perform under different market environments? Will this investment fit well into my portfolio, or do I already have others similar to it? Is this an investment I can hold for the long term? And you'll also need to learn about yourself as an investor: What is my tolerance for risk? Am I fully considering all my goals, such as college for my kids, my own retirement and the type of legacy I'd like to leave?

There's no shortage of questions for active investors to ask – and the best investors never stop learning.

You can learn a lot from Kentucky Derby jockeys. By applying some of their skills and habits to your investment activities, you can keep moving toward your goals... and you won't even have to run in circles.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✱

Foundation Hires Executive Director

Jennifer I. Nelson recently joined the Uncommon Friends Foundation (UFF) as its new executive director. She will oversee daily operations of the Uncommon Friends Foundation, the operation and maintenance of the Burroughs Home & Gardens and oversight of the James Newton Archives.

Nelson has been in senior management positions for eight years at Goodwill Industries of Southwest Florida, most recently as senior director of operations. She held previous management positions at Goodwill Industries in Houston, Austin and Galveston, Texas. Her vast nonprofit experience includes operations management, budget oversight, fundraising, expanding streams of revenue, cost containment, marketing, personnel supervision and event leadership.

John Albion, chairman of the UFF's board of directors said, "After a process that saw over 150 applications submitted, the board is very pleased with the extensive experience, energy and commitment that Jennifer brings to the Foundation. We had many exceptional candidates and believe Jennifer is the right leader to help us expand our mission and goals to write our next chapter. As Jim Newton always said, 'The best IS yet to be ...'"

Nelson has been an active volunteer and advocate for PACE Center for Girls of Lee County as both a board member since 2015, and as chairman of its "Love that Dress!" fundraiser in 2014.



Jennifer Nelson

photo provided

She has been an active board member for Recycle Florida since 2011 and is a member of the Women in Business Committee for The Greater Fort Myers Chamber of Commerce. Nelson was also appointed as a member to the Lee County Sustainability Advisory Committee for the Lee County Board of County Commissioners.

Nelson holds a bachelor of fine arts degree in art history from the University of Texas and is a graduate of Goodwill Industries' International Senior Leadership Program and its Kaizen Training program. She resides in Cape Coral with her daughter, Piper.

For more information on UFF, visit www.UncommonFriends.org or call 337-9503.✱

New Business Litigation Chair

The law firm of Henderson, Franklin, Starnes & Holt, P.A., recently announced that Attorney Douglas Szabo is the new chair of the firm's business litigation department. Szabo takes the rein from Attorney John Noland, who served as chair of the division for 30 years.

"Doug is an experienced and successful trial attorney who is well-respected by litigators both inside and outside our firm," said Russell Schropp, managing stockholder. "We are confident that he will be able to lead our business litigation department into the future in his new role as chair."

"Through John's guidance, the business litigation department has grown to one of the largest and most varied practice groups in the firm and has an excellent foundation from which to move forward. John's leadership, reputation and hard work have been instrumental to the success of the Division."

Szabo represents clients in complex business cases, including corporate and partnership disputes, trade secret litigation, real estate disputes and breach of contract lawsuits. He also represents companies, financial institutions, bankruptcy trustees and other creditors in bankruptcy court. In addition, Szabo defends media companies in First Amendment matters.



Douglas Szabo

photo provided

Szabo serves on the board of directors for the Children's Advocacy Center and the Early Learning Coalition. He is a member of the Southwest Florida Bankruptcy Professional Association, Tampa Bay Bankruptcy Bar Association and American Bankruptcy Institute.

Szabo holds the highest AV rating by Martindale-Hubbell. He received his undergraduate degree from Rollins College (with high distinction, 1984) and his law degree from the University of Florida (with honors, in 1987).

For more information on Szabo, visit www.henlaw.com.✱



From left, 2017 Grand Image Award winners Samantha Scott and Vanessa Fernandez along with FPRA Southwest Florida Chapter President-Elect Tiffany Whitaker photos provided

Local Image Award Winners

The Southwest Florida Chapter of the Florida Public Relations Association (FPRA) recently announced the winners of its Local Image Awards at the Alliance for the Arts. The competition is conducted annually to recognize outstanding public relations programs in Southwest Florida during the last year and to encourage and promote the development of public relations professionalism. Winners demonstrate the very best examples of innovation, planning and design.

The 2017 Grand All Image Award, FPRA's highest honor, together with an Image Award was presented to Jennifer

J. Edwards, Trish Robertson and Heather Wysocki for Election Ready Campaign.

A Grand Image Award in Division B, along with an Image Award and a Judges' Award, was presented to Samantha Scott, APR and Vanessa Fernandez for the Naples Harley-Davidson Service Mailer.

Other awards presented, were as follows:

Image Award: Gravina, Smith, Matte & Arnold, Jennifer Hamilton and Kara Johnston for FutureMakers Coalition's FAFSA first! Campaign; Molly Schweers and Lee County Solid Waste Division for Recycle Smart; Teri Hansen for Conservancy of Southwest Florida Ripple Effect Campaign; Samantha Scott, APR and Vanessa Fernandez for Food Truck Wars; and Randy Mitchelson, APR and



From left, Josh Milton, April Bordeaux, Rick Williams, Connie Ramos-Williams, Linda Fiore, Joshua Savage, Amanda Bock, Anna Bejerano, Javier Bravo and Ryan Sheehy of CONRIC PR & Marketing, who took home four awards

Mike Jackson, APR for the FPRA SWFL 2016 Media Breakfast.

Award of Distinction: Jennifer J. Edwards, Trish Robertson and Heather Wysocki for Countdown to Enterprise; Lee County Port Authority Communications & Marketing Team for Lee County Port Authority Hosts 47th Annual FAC Conference Florida Airports – Defining the Future; CONRIC PR & Marketing and Connie Ramos-Williams for Voice of Fort Myers Beach; Mary Briggs, APR, CPRC and Cheryl Garn, APR for Because We Care; EJ Andrews, Cherline Louissaint and Samantha Scott, APR for Gulf GHOST Town Center; Kailee Witt, McKenzie Cassidy

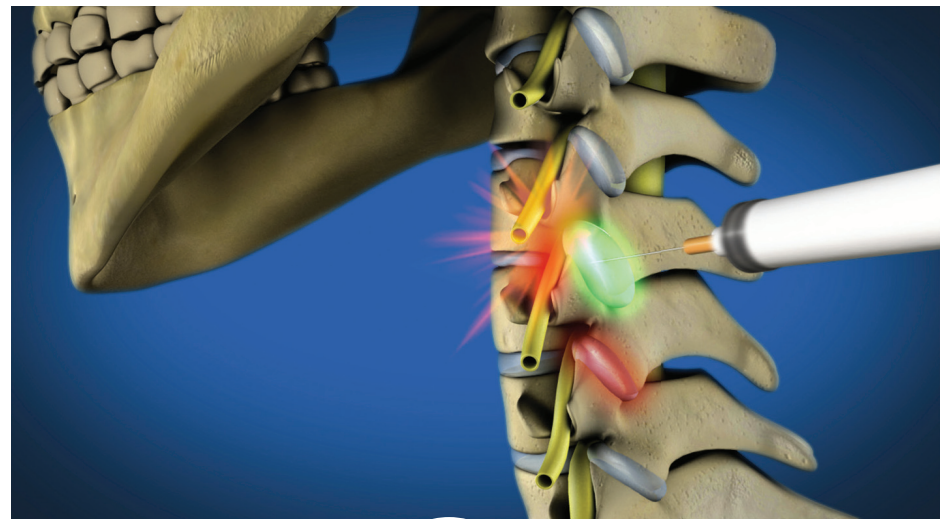
and Eric Barreto for FSW Buc Bash; Priority Marketing and SWFL Children's Charities, Inc. for the 2017 Southwest Florida Wine & Food Fest Event; CONRIC PR & Marketing for FlipTowel; and CONRIC PR & Marketing for City of Palms Classic.

Judges' Award: Kailee Witt, McKenzie Cassidy and Eric Barreto for FSW Buc Bash; Randy Mitchelson, APR and Mike Jackson, APR for the FPRA SWFL 2016 Media Breakfast; CONRIC PR & Marketing for FlipTowel; and Vanessa Fernandez, Diana Leadley and Samantha Scott, APR for the CAN IT! Campaign "Mannequin Challenge" Video.*

LCEC Manager Honored At Awards Banquet

Karen Ryan, APR, CPRC, was recently recognized as the 2017 Unsung Hero for the Southwest Florida Chapter of the Florida Public Relations Association (FPRA) at the LCEC's annual Image Awards Banquet. The Unsung Hero Award was created in 2013 to recognize the contributions of Southwest Florida FPRA members for their hard work and dedication to the chapter behind the scenes by helping to enhance and promote the public relations profession.

Ryan, public relations manager at LCEC for the past 21 years, has been an FPRA member for more than 22 years. During that time, she has served as the chapter president, secretary, media chair, newsletter chair, membership chair, image chair, and public relations university chair. In 2002, Ryan was recognized as the PR Professional of the Year for the Southwest Florida Chapter of FPRA. For the Unsung Hero award, FPRA members nominated Ryan to shine light on her mentoring of PR professionals, her work behind the scenes to judge local PR award competitions such as the Image Awards and her willingness to help other PR professionals in the development of entries for such competitions by providing guidance, comments and suggestions.*



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With First Pick In June Baseball Draft, Will Twins Take Teenage Sensation?



by Ed Frank

It was 16 years ago when the Minnesota Twins had the very first pick in the Major League Baseball Draft. And now, 16 years later, the Twins have that same opportunity – an opportunity to draft a youngster from California that *Sports Illustrated* labeled “Baseball’s LeBron” or “The New Babe” on the cover of last week’s edition.

That first overall pick by the Twins in 2001 of St. Paul native Joe Mauer has paid big dividends over the years as he is the only catcher in baseball history to win three batting titles along with six All-Star selections. An eight-year contract extension he signed in 2010 for \$184 million remains as the largest contract ever given a catcher.

Now, in 2017, the big question is whether the Twins, with their No. 1 overall pick, will sign 17-year-old Hunter Greene from Sherman Oaks, California, which *Sports Illustrated* devoted its cover and eight pages describing this unbelievable talent.

He’s unbelievable because he throws 102 mph as a pitcher but many Major League scouts say he’s an even better shortstop.

So if the Twins or another team drafts Greene, they will have to decide whether they want him to pitch or play the infield. At either position he will be a high draft choice, but if he is drafted as a pitcher, he would be the first high school right-hander to go No. 1.

And his power with the bat has scouts shaking their heads in amazement. At 6-foot, 4-inches and 210 pounds, he can drive a ball 450 feet. In fact, when taking batting practice at his high school field, outfielders shout warnings to soccer players on an adjacent field to watch out.

Here are a few quotes from the *Sports Illustrated* story:
“A Dodger scout saw him pitch when he was nine and deemed his mechanics flawless.”

“Several scouts agree he is the best two-way amateur prospect they have ever seen, a first-round pick as a shortstop with comparisons to Noah Syndergaard on the mound and Alex Rodriguez in the field.”

In 500 words or less, we can’t do justice to the long, eight-page *Sports Illustrated* description of Hunter Greene. But, as the article points out, he is much more than a baseball player.

He plays the violin, is an accomplished artist, deeply devoted to his family, ardent fisherman and has received numerous awards for community service. As the article points out, “Hunter Greene is the star that baseball needs.”



Hunter Greene
photo courtesy Notre Dame High School

Baseball’s Major League Draft is June 12. Minnesota drafted Joe Mauer No. 1 as a high school teenager in 2001. Will they draft Hunter Greene out of high school 16 years later?

We will know in a few weeks.
Everblades Advance To Division Finals

Coming back from a three-games-to-one deficit to Orlando, the Florida Everblades defeated the Solar Bears in the ECHL South Division semi-final series to advance to the division finals against South Carolina.

Florida split the first two home games with the Stingrays at Germain Arena with the series moving to South Carolina for Games three, four and five.

If sixth and seventh games are necessary, the series will return to Germain tomorrow, Saturday and Monday.✪



Golfers ready for shotgun start at 2016 United Way Golf Classic at River Hall Country Club
photo provided

United Way Golf Classic Fundraiser

United Way of Lee, Hendry, Glades, and Okeechobee will host the United Way Golf Classic at River Hall Country Club on Saturday, June 24. The four-person scramble will begin with an 8:30 a.m. shotgun start.

The tournament being held at the Davis Love III Championship Course will feature a hole-in-one contest, mulligans and buy-a-drive opportunities, a 50/50 raffle and more. Tickets are \$75 per player or \$300

for a foursome. Lunch is included. This is the fourth year that the tournament will be held at River Hall.

“We are thrilled to be bringing this event back to River Hall,” said Community Resource Manager Madison Mitchell. “The course is beautiful, and we are really looking forward to a fun event.”

Sponsorships are also available and range from \$100 to \$5,000. Individuals interested in playing or sponsoring may register at www.unitedwaylee.org/events/2017-Golf-Classic or call Mitchell at 433-2000 ext. 269.

River Hall Country Club is located at 3500 River Hall Parkway in Alva.✪

Fishing Benefit Casts Off June 3

Port Sanibel Marina is gearing up for the inaugural Royal Palm Coast Classic Fishing Tournament to be held Saturday, June 3 to benefit Valerie’s House. The tournament is presented by the Royal Palm Coast Realtor Association and its Young Professionals Network.

The captain’s meeting will take place Friday, June 2 at 6 p.m. under the tent at Port Sanibel Marina located at 14341 Port Comfort Road in Fort Myers. The meeting will review the rules and tournament structure and is followed by dinner and drinks.

The next day’s tournament is a shotgun style start. Prizes will be awarded based on longest snook and redfish caught. Prizes and an auction/raffle will be followed by dinner and drinks after the tournament.

The catch-and-release tournament entry fee is \$100 per angler, with a maximum of five anglers per boat. There is a \$300 Club, which is optional – longest snook takes 80 percent of the pot, with the remaining 20 percent going to Valerie’s House. Reservations and sponsorships are available by contacting Alexander Henderson at 940-2856 or alexells239@gmail.com. Donations and raffle items go to the Royal Palm Coast Realtor Association, Attention: Chris Lopez, 2840 Winkler Avenue, Fort Myers, FL 33916. Pickup can be arranged.

Part of the tournament proceeds will be donated to Valerie’s House, a nonprofit that supports children and their families grieving the loss of a close family member. Valerie’s House is a 501(c)(3) not-for-profit organization and is fully supported through community support. For more information, visit www.valereshouseswfl.org or call 841-9186.✪

SPORTS QUIZ

- Three times during the 1960s, a major-league pitcher won at least 20 games one season and lost at least 20 the next. Name two of the three.
- Who was the first pitcher to finish in the top three of Cy Young voting for five consecutive seasons?
- Cal’s Jared Goff set a record in the 2015 college-football season for most TD passes (43) by a Pac-12 quarterback. Who had held the mark?
- Three players have led the NBA in minutes played during their rookie season. Name two of them.
- Which team holds the record for the longest winning streak in NHL history?
- In 2016, American Kim Rhode (women’s skeet) became the second athlete to earn an individual medal in six consecutive Olympics. Who was the first to do it?
- Jay Haas became the second-oldest event winner (62) in PGA Tour Champions history in 2016. Who holds the record as the oldest?

ANSWERS

1. Larry Jackson of the Chicago Cubs (1964-65), Mel Stottlemyre of the New York Yankees (1965-66) and Cleveland’s Luis Tiant (1968-69). 2. Clayton Kershaw of the Los Angeles Dodgers (2011-15). 3. Marcus Mariota of Oregon threw 42 TD passes a season earlier. 4. Wilt Chamberlain (1959-60), Elvin Hayes (1968-69) and Damian Lillard (2012-13). 5. The Pittsburgh Penguins, with 17 wins in a row in the 1992-93 season. 6. Italian luger Armin Zöggeler, who did it in 1994-2014. 7. Mike Fetlick was 63 when he won the Seniors Invitational in 1985.

Book Review

The Secret Wife



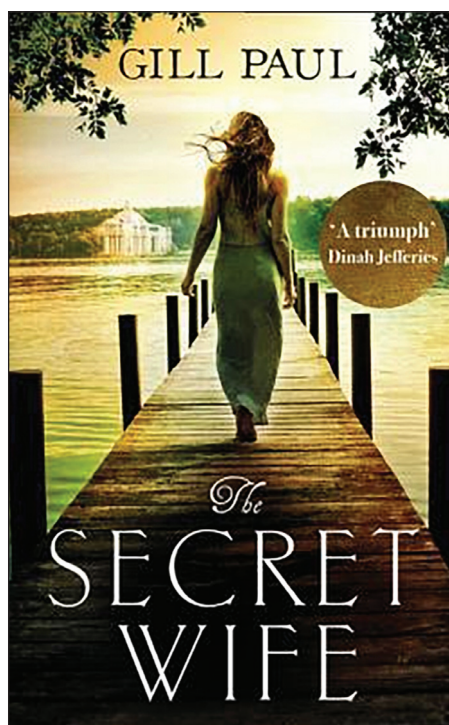
by Di Saggau

I love good historical fiction, and *The Secret Wife* by Gill Paul definitely falls into that category. A Russian grand duchess and an English journalist are linked by one of the world's

greatest mysteries. The book begins in 2016 with Kitty Fisher leaving her husband in London and traveling to Lake Akanabee in New York State to look for the lakeside cabin she'd inherited from her great-grandfather. Kitty falls in love with the property immediately. Finding an expensive piece of Faberge jewelry under the steps leads her on a mission to discover a long-buried family secret.

The book switches back and forth from 2016 to 1914. Not long after the start of World War I, cavalry officer Dimitri Malama is injured on the Russian front and sent to a hospital near St. Petersburg to recover. One of his nurses is Grand Duchess Tatiana, the second daughter of Tsar Nicholas II. Dimitri, who is of aristocratic birth, had been one of the royal family's imperial guard before the war. In these new surroundings, Tatiana and Dimitri fall in love. Through war and revolution, he does all he can to love and protect Tatiana as the threats against the imperial family increase daily.

The Secret Wife moves between the stories of Dimitri and Kitty, and the reader becomes enthralled with its emotional and powerful story of love and loss. The story of the Tsar and his family is well-known, and Paul tells the full horror of events along with the



appalling conditions ordinary Russians faced under Romanov rule. It's the love affair between Dimitri and Tatiana and the choices Dimitri is forced to make that are at the heart of the story.

Paul, along with many others, has long been fascinated by the tragic story of the Romanovs. A friend told her about a BBC documentary focusing on Tatiana and Dimitri's love affair, and it was then she decided to read other books about the Romanovs. The plot of *The Secret Wife* fell into place. She incorporates entries from Tatiana's 1914 diaries. It is well known what happened to the Romanov family, but Paul raises the question, what if Tatiana escaped? Far fetched as it is, *The Secret Wife* is an engrossing historical novel that skillfully combines fact with fiction. Once you start reading it, you'll find it hard to put down.✱

School Smart



by Shelley M. Gregg, NCSP

Dear Readers, Out of the personal tragedy of her husband's untimely death, Sheryl Sandberg, Facebook's COO, has brought the topic of resiliency

back into the spotlight. Her new book takes us through her journey of grief and her search to help herself and her children heal from this devastating loss. In an effort to support her children, Ms. Sandberg along with psychologist, Adam Grant, set out to learn everything they could about how kids persevere through adversity and have written a book on this topic, *Option B: Facing Adversity, Building Resilience and Finding Joy*, which has received critical acclaim.

Several years ago, I wrote a series of articles about resiliency in children. Given the renewed interest in this topic I am bringing these articles to you again. While some children are more resilient than others, it is an attribute that can be encouraged and developed. These articles will assist you in learning how to work with your children to become resilient individuals. Resiliency research teaches us to understand the factors that allow children to develop into mentally healthy adults, even if growing up in disadvantaged circumstances. All children have the same needs for care, competence, self-esteem, autonomy and the other components of resiliency.

Shelley

Promoting Resiliency In Your Child
Resiliency is essential to success. Resiliency gives us the ability to deal with life's challenges and adapt to new or difficult circumstances in a positive, productive manner. There are a number of ways that adults can help children become more resilient:

Be loving and supportive – Feeling

cared for and safe builds resiliency in children.

Foster positive attitudes – Help children believe that they can succeed if they try. Frame failure as a learning opportunity. Teach them to re-evaluate and adjust strategies that may not be working.

Nurture positive emotions – Demonstrate and give children the chance to practice positive emotions such as optimism, respect, forgiveness and empathy. Praise them for successes and avoid judgmental or harsh criticism for failure.

Reinforce emotional intelligence – Listen to and validate children's feelings. Label emotions in words they can understand. Teach appropriate ways to express positive and negative emotions and how to problem solve and deal with upsetting experiences.

Develop their competence – Feelings of competence come from success in school and other activities. Ensure regular attendance and homework completion. Help them develop a menu of homework and study strategies. Encourage them to develop talents in activities they enjoy. Teach them to set realistic goals and obtain necessary resources.

Promote positive social connections – Children need a variety of friends, relatives and adults with whom they feel connected. Different people meet different needs and having a social network helps children feel supported and learn to develop and maintain healthy relationships.

Provide consistent clear expectations – Set, explain, and enforce rules and expected behaviors consistently and fairly. Encourage helping others – Social competence and resilience are fostered by helping others at home, in school and in the community.

Teach peace-building skills – Learning how to be appropriately assertive without being aggressive, stand up to bullies, and avoid violent games and entertainment fosters resilience.

Ensure healthy habits – Good physical health prepares the body and mind to be more resilient. Help children get good nutrition, adequate sleep, and exercise.

Reduce stress – Controlling stress encourages resiliency. Practice positive stress control strategies such as meditation, controlled breathing, yoga, exercise, developing talents, and other "relaxation responses."

Adapted from *Resiliency: Strategies for Parents and Educators*, Virginia Smith Harvey, in *Helping Children and Home and School II: Information for Parents and Educators*, NASP, 2003.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to simgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

Available at
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WWW.EDITORIALRXPRESS.COM

Female Pioneers of Fort Myers

Women Who Made a Difference in the City's Development

By Robin C. Tuthill and Thomas P. Hall

"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."

Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

Taste Of Freedom Raises Over \$42,000



Front from left, Gale Cutshall and Carmen Dellutri; Back from left, Deputy Greg and Casey Burus and Andrea Poulton
photos provided



Ally Schreier and Meagan Hill



From left, Nich and Diane Eliassen, Kathy Warr, Ron and Sharon McBride



Corina D'Aquino and Linda Davis



Dr.'s Drew and Kanema Clark



From left, John Trierweiler, Amanda Hall, Kristin Sanchez and Brandon Burgun



Master Sushi Chef Rick Belicano and the team from DaRuMa



Tom Marquardt and Marie Hamling



Chef Brian Roland and the Crave Culinaire team

FSW Earns National Ranking

Florida SouthWestern State College was recently ranked 31 of the 50 best community colleges in the country, according to a list provided by College Choice.

"It's always rewarding when the hard work of our faculty, staff and administrators is recognized. It truly is a comprehensive team effort to help ensure that our students receive an exceptional education experience with us, and that it prepares them to be the professionals our region needs," said

Dr. Jeff Allbritten, president, FSW.

College Choice correlated data from Aspen Institute's College Excellence Program, Payscale and individual community colleges to compile this list. Several factors were considered: first year retention rates, three-year graduation rates, credentials awarded, percentage of non-traditional and minority students, percentage of Pell grants and minority graduation rates. College Choice also included in-district tuition rates and potential salary to determine a sense of the return on investment.

Visit www.FSW.edu for more information.*

Technical College Open House

Fort Myers Technical College (FMTC) will hold an open house on Thursday, May 11 from 3 to 6:30 p.m. During the free event, the public is invited to tour the campus and see the training facility. The school offers over 30 career training programs ranging from practical nursing, automotive technology, major appliance repair, carpentry, cybersecurity, plumbing technology, mechatronics technology, culinary arts, to cosmetology and many more. Many programs can be completed in just one year or less,

getting students in high-skill, high-wage jobs.

Bright Futures scholarships are accepted and adults may be eligible for financial aid or scholarships. FMTC students graduate debt-free and workforce ready. The school, part of The School District of Lee County, is accredited by the Council on Occupational Education and the Southern Association of Colleges and Schools.

Fort Myers Technical College is located at 3800 Michigan Avenue in Fort Myers and has been the leading provider of career training in Lee County for over 50 years. Please call 334-4544 or visit www.FortMyersTech.edu for more information.*

Doctor and Dietician

Drinks, Strokes And Alzheimer's



by Ross Hauser, MD
and Marion Hauser, MS, RD

In an effort to lose weight, many folks turn to diet soda in a seemingly health-conscious choice to save all of those unwanted calories. A new study published in the American Heart Association's journal *Stroke* showed that those who drink artificially sweetened drinks daily have almost three times the risk of having a stroke and developing Alzheimer's disease. The study covered a period of 17 years, comparing daily consumption of artificially sweetened drinks to drinking less than one a week, and involved 2,888 people over age 45 for the stroke analysis and 1,484 people over age 60 for the Alzheimer's part of the study.

If you haven't already reconsidered

your diet soda habit, you should. This study isn't the only one to raise red flags about artificial sweeteners. Others have shown that artificial sweeteners may interfere with the gut bacteria that play a key role in healthy metabolism, altering gut microbes, glucose intolerance and metabolic syndrome (both precursors to Type 2 diabetes) in mice and humans.

Oddly, the new study in *Stroke* didn't find an association between sugary beverages and stroke and dementia. Keep in mind, however, that there is a host of literature linking added sugars to conditions that lead to cardiovascular disease, the number one cause of death in the world. Diets high in added sugars have also been connected to obesity and high blood pressure, and elevated blood pressure increases the stroke risk. The message, therefore, is not to switch to sugary drinks.

Diet soda is simply not a healthy choice. It does not do your body any good. Stick to purified water or natural sparkling water for those who crave the fizz. There are many interesting flavors available, or try adding your own fresh lemon or other fruit.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.**

Business Students Win State Events

Riverdale High School Future Business Leaders of America (FBLA) students won eight events at the State Leadership Conference in Orlando, which took place in March.

They had a total of 14 student wins, a new record for the school.

Riverdale had 13 sophomores competing, beating Florida upperclassmen in most of their events. The 38 students were among 4,000 who competed in 60 events.

Winners include:

- 1st place – Global Business, Malia Williams & Miranda Sosa
- 2nd place – Business Financial Plan, Erian Cabrera, Trevor Mathisen, Harrison Strohl
- 2nd place – Intro to Parliamentary Procedure, Keenan Walker
- 3rd place – Social Media Campaign Team, Lauren Brashear, Daniela Jang, Sunghye Kim
- 3rd Place – Public Speaking 1, Kimberly Jean Joseph
- 3rd place – Intro to Business



Students show off awards photo provided

presentation, Kailey Natella, Miranda Persaud

- 5th place – Sales Presentation, Justin Haro
- 5th place – Electronic Career Portfolio, Jenny Nguyen

Now the team must raise \$10,000 to advance to Nationals in Anaheim, California in June. Donations can be made to Riverdale High School FBLA through Ileane Flores, Riverdale business teacher and chapter adviser. She is also the FBLA District Director for the five-county region.*

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

We were a very happy family. Our four children, three daughters and a son, all were happy achievers. I hate to admit it, but the youngest daughter, the baby of the family, was my favorite child.

Suddenly one day, my wife had a very bad pain, and that was the beginning of what became her terminal illness. I cared for her and raised our children through their teen and college years. I was alone for five years and then I met a delightful lady who became my wife. Two daughters and my son refused to accept my new wife. My special daughter was married and living in Scotland, so I decided we should go to Scotland for our honeymoon so my wife could meet Susan. We planned to stay with them for a week. Susan took an instant dislike to my wife and treated her terribly. On the third day, I said to Susan, "We are leaving; take a good look at me because I

never want to see you again."

Five years have passed, and my wife and I are very happy. I do not see my children or grandchildren, and at times it is troubling.

Why can't my adult children accept my choice in a wife and be happy for me? I accepted and never interfered in their choices... but I guess that is different.

Todd

Dear Todd,

Most children are always very selfish and self-centered, but it is sad when they mature and become adults that they remain selfish and self-centered.

Frequently, the motivating force for their anger is the fear of not getting the inheritance they think they deserve. Many adult children think that it is just automatic that they get their parents' money, but this is not true.

The parents are free to give their hard earned money to whomever they decide, providing, of course, there is not proven mental impairment or that the parent has been victimized by a con artist. You have done your best by your family. You and your wife deserve to enjoy your retirement years without interference of uncaring adult children. Best of luck.

Lizzie

Dear Todd,

Not all adult children are out for their parent's money. Many adult children find it difficult to accept second spouses of the surviving parent because of their loyalties to the deceased parent. Some question the motives of the second wives or husbands; still others – loyalties for inheritance of sentimental items aside – do not like the second spouse.

Nothing complex or deep. The personalities just do not mesh. It is unfortunate when differences cannot be put aside for visits between parents and adult children.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.*

deaRPharmacist

Parabens Found In Thousands Of Cosmetics



by Suzy Cohen, RPh

Dear Readers: Parabens are a category of preservatives used in cosmetics, medications and foods. If you read labels, you'll see them listed by their name or an E number such as

methylparaben E218), ethylparaben (E214), propylparaben (E216), heptylparaben (E209) and butylparaben.

Parabens may or may not be associated with cancer; there's a lot of controversy. It has been reported in the past that parabens are found in 99 percent of breast tumors. However, there is no evidence that they cause breast cancer. Also, keep in mind many issues have to collide in order to develop cancer. There was a 2013 study entitled, "Combinations of parabens at concentrations measured in human breast tissue can increase proliferation of MCF-7 human breast cancer cells."

Parabens mimic estrogen, the female hormone. They're sticky too; they don't seem to let go of the tissue once inside it. This is why they are best avoided especially in hormone-driven diseases.

The argument for parabens is that your foods and personal care items should be resistant to bacteria, mold and yeast so a preservative is crucial. The food, pharmaceutical and cosmetic industry frequently rely on strong synthetic chemicals like sulfites, propionates, EDTA, formaldehyde, alcohol or a paraben chemical. They are trying to protect us from germs. Here's how you get exposed.

You eat them:

It's common to find parabens in some brands of sauces, chutneys, jams, pickles, ice cream, soft drinks, desserts,

broths or processed vegetables and flavoring syrups. Read the labels, you'll see!

You slather them on:

Whether you use antiperspirants, make up, toothpaste, face creams or moisturizers, you are for sure exposing yourself to parabens. But how many? Is it every product? You do have choices. They are not in everything. You should begin reading labels and researching. There's a website that exposes the ingredients of dental products, fragrances, cosmetic and skin care products and much more: Skin Deep. I told you about this site (www.ewg.org/skindeep) about 12 years ago, and it's gotten considerably more comprehensive.

I searched the word "paraben" and it picked up over 30,991 products just in their database. It's easy today to avoid this preservative; you just have to look harder and read labels. There are trustworthy brands out there.

You take them unknowingly:

Parabens are in hundreds of medications as a preservative, but they do not have any pharmacologic activity. They're commonly found in some asthma and steroid inhalers. They say parabens are completely absorbed upon ingestion and broken down to para-hydroxybenzoic acid, and metabolites are supposedly sent out from your urine. Depending on who you ask, or what lab test you read, there may be no evidence of accumulation. Parabens are obviously regarded as "safe" by the United States FDA. I wouldn't concern yourself with parabens if they're in your medication(s) since the actual medication itself is just as synthetic as the paraben. You can certainly limit your exposure by looking for products labeled "paraben-free." Many cosmetics manufacturers have found effective alternatives to parabens to prevent microbial growth in personal care products.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.**

Eden Energy Medicine

Anger Relief With Earlobe Pull



by Karen L. Semmelman, Certified EEM, JD, AAML (03-01)

Tugging gently around the edges of the ears is great for kids and adults. Try it as you read this column and experience

the immediate sense of buzzing and energetic release.

So, what is happening?

We all are subject to stress, which has an immediate and cumulative impact on our energies. Tight shoulders, an inability to concentrate, a desire to throw the phone that stopped working – all natural and part of our lives. Unfortunately, our bodies are wired to respond to the stresses of life

as if the tiger is ready to jump on us in the jungle.

So when we pull on our ears, we are releasing energies, activating acupuncture points and suggesting to Triple Warmer, our Commander of Energies, that it is OK to calm down. Here are the specifics:

1. Use both hands, right hand with right ear and left hand with left ear. Start at the edge of the fold of the ear closest to the temple and gently tug at the fold, literally unfolding it.

2. Move from the temple area the entire way around the ear until you get to the earlobe.

3. Hold and pull gently on the ear lobe several times as you take two or three deep breathes.

Say "good morning" – it is now a beautiful one, just waiting for your big smile.

*If you have a question, email Karen at SemmEnergyCenter@gmail.com or visit www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.**

May Is American Stroke Month

May is American Stroke Month and the American Heart Association/American Stroke Association is raising awareness about the number five killer to help prevent some of the more than 133,000 stroke deaths annually.

After years of decline, recent data shows that stroke mortality has climbed three percent. It remains a leading cause of disability and preventable disability in the United States. In fact:

- Someone has a stroke every 40 seconds
- Every four minutes, someone dies of stroke (one in every 19 deaths).
- About 795,000 people in the United States have a stroke annually, with about three in four being first-time strokes.

• African Americans have nearly two times the risk for a first-ever stroke than white people, and a much higher death rate from stroke.

• High blood pressure is the leading risk factor for stroke.

• Current smokers have two to four times the stroke risk of nonsmokers or those who quit over 10 years ago.

• 80 percent of strokes can be prevented.

• Total direct medical stroke-related costs are projected to triple by 2030, from \$71.6 billion in 2012 to \$184.1 billion.

A stroke occurs when a blood vessel that carries oxygen and nutrients to the brain is either blocked by a clot or bursts (ruptures). When that happens, part of the brain cannot get the blood and oxygen it needs, so brain cells die

causing the portion of the body affected to not function as it should.

Nearly two million brain cells die each minute a stroke goes untreated. The Spot a Stroke FAST app, available for free download, ensures individuals have immediate access to 911, helpful resources and a video providing a short overview of the warning signs of a stroke:

- Sudden numbness or weakness of the face, arm or leg
- Sudden confusion, trouble speaking or understanding
- Sudden trouble seeing in one or both eyes
- Sudden difficulty walking, dizziness, loss of balance or coordination
- Sudden severe headache with no known cause

Anyone experiencing some or all of these symptoms should seek immediate medical attention, even if the symptoms go away. Timing is crucial – there are treatments that can be considered within 4½ hours of the onset of symptoms.

The American Heart Association/American Stroke Association's 24-hour Support Network helps stroke, heart attack and heart disease survivors and their caregivers navigate life. Individuals share their experiences, give and receive emotional support. Caregivers and survivors can register for the Support Network at: www.supportnetwork.heart.org/home.

For more information on American Stroke Month, call 495-4900, or visit www.StrokeAssociation.org. For details on the Spot a Stroke FAST app, visit iTunes or www.strokeassociation.org/STROKEORG/WarningSigns/Stroke-Warning-Signs-and-Symptoms_UCM_308528_SubHomePage.jsp.

From page 1

Performance

meet-and-greet with celebrity athletes.

To purchase tickets, view a full celebrity list, view a full list of weekend events and an opportunity to become a hole sponsor of the golf tournament, visit www.Champions4ChildrenSWFL.com/.

Prior to the concert, Fort Myers elementary school students will get a chance to see some of their sports heroes in person as Blessings in a Backpack Southwest Florida brings the celebrity champions to Tice Elementary and James Stephens International Academy in Fort Myers. The athletes will visit the schools during Friday to meet with the children and distribute their food bags for the

weekend. The athletes will also hold a Q&A session with the fifth graders at the schools.

Proceeds from the charity weekend will go directly to Blessings in a Backpack of Southwest Florida, which feeds more than 3,200 children at schools and programs across Lee and Collier counties including Tice Elementary, Sanibel School, James Stephens Academy, Unity Charter of Cape Coral, Unity Charter of Fort Myers, Colonial Elementary, Golden Gate Elementary, J. Colin English Elementary, Villas Elementary, Shadowlawn Elementary, Mirror Lakes Elementary, Bonita Springs Assistance Office, Boys and Girls Club of Lehigh, Veterans Park Elementary and Bonita Springs Charter School.*



Carrot Fritters

photo courtesy Fresh From Florida

**Carrot Fritters**

- 1 onion, coarsely chopped
- 1 pound carrots, peeled and grated
- 1 tablespoon vegetable oil
- 2 eggs
- 3 tablespoons flour
- 1 teaspoon salt
- 1 teaspoon ground black pepper
- 4 tablespoons fresh cilantro, chopped
- 1 tablespoon lemon juice
- 1/2 teaspoon grated lemon zest
- 2 ounces goat cheese* crumbles
- 1 tablespoon vegetable oil for frying

Heat 1 tablespoon oil in a large skillet and add onion; sauté until translucent, but not browned. In the same pan, add the grated carrot and continue cooking until softened, about 5 minutes. Remove from heat and allow mixture to cool. In a large mixing bowl, combine eggs and flour and mix thoroughly. Add the cooled carrot and onion mixture, salt, pepper, cilantro, lemon juice, zest and goat cheese; mix well. Form into small patties and fry until brown on both sides. Serve warm with Spicy Fritter sauce.

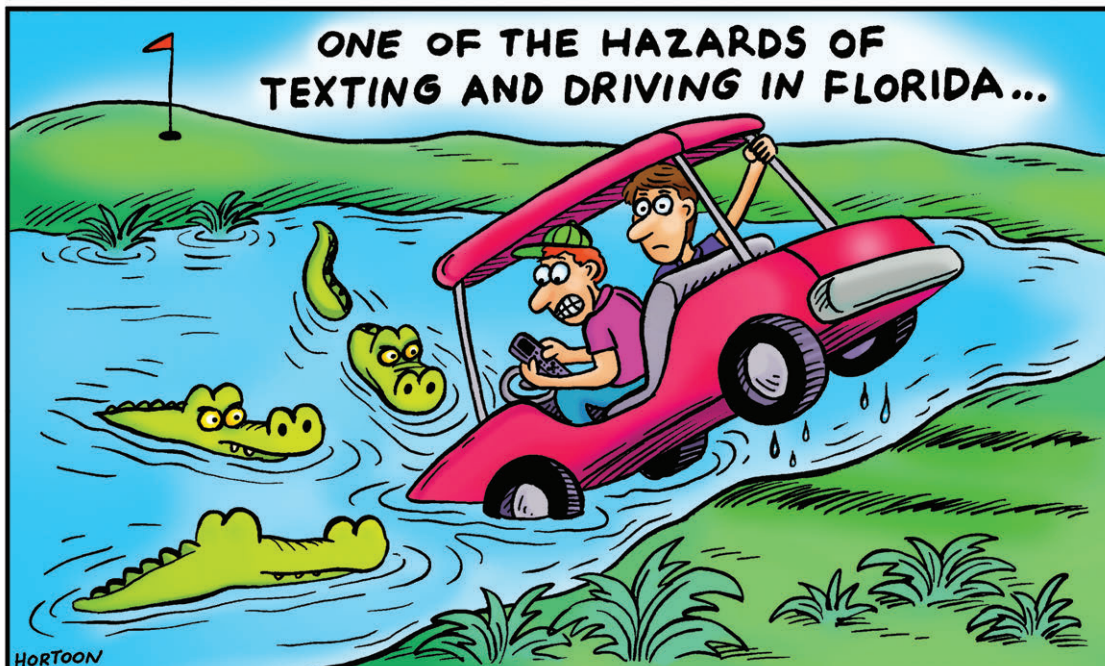
*Use a creamy goat cheese like chèvre for a milder flavor, or feta for a little more tang.

Spicy Fritter Sauce

1 cup chili sauce
1/2 cup orange juice
Combine chili sauce and juice in a medium sauce pan and simmer for 25 to 30 minutes, or until mixture is reduced by almost half. Serve with fritters.

Yields 24 servings.*

HORTOONS



THE RIVER WEEKLY NEWS

FROM THE BEACHES TO DOWNTOWN FORT MYERS

Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees)	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Gateway to the Islands	218-5768
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

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press@riverweekly.com

PUZZLES

Answers on page 29

Super Crossword FOWL TASTING

- ACROSS
- 1 Kitchen head
 - 5 Sail holders
 - 10 Belt locale
 - 15 Swedish auto
 - 19 Verdi slave
 - 20 Greek market of old
 - 21 Act announcer
 - 22 Big, wild cat
 - 23 Start of a riddle
 - 26 See 129-Across
 - 27 In a way, informally
 - 28 Tour crew member
 - 29 Awaiting
 - 31 Sit-up muscles
 - 33 Below zero: Abbr.
 - 34 Cozy retreat
 - 36 Ear-related
 - 37 Cheering words
 - 40 Riddle, part 2
 - 45 Et — (and others, in Latin)
 - 46 Like — of sunshine
 - 47 Like half the integers
 - 48 “— culpa”
 - 49 Nation south of Kenya
- 51 — tai (cocktail)
- 53 Feline zodiac sign
- 55 Titanic call
- 58 Riddle, part 3
- 63 “The Good Wife” aier
- 65 Bucks and bulls
- 66 Attach
- 67 Lt.’s underling
- 68 Bandit-hunting band
- 69 Keys hitting piano keys
- 71 Heckling
- 73 Giggle sound
- 74 Scoundrel
- 75 Sharp left or right in a ring
- 76 Carry- — (plane totes)
- 77 Shearable male
- 78 Little kitchen raider
- 79 Riddle, part 4
- 84 Well-suited
- 85 Special time span
- 86 Hurly-burly
- 87 Masses near tonsils
- 90 Big tippler
- 92 Ring king Muhammad
- 94 Students at Yale
- 95 Small cut
- 96 End of the riddle
- 102 Like quiche
- 103 “No men” palace area
- 104 Longtime delivery co.
- 105 Wrestler’s win
- 106 Alley- — pass
- 108 Cuts into the surface of
- 110 Juárez wife
- 113 “The Lorax” author
- 117 Concealed obstacle
- 118 Riddle’s answer
- 122 “Citizen” of film
- 123 Pass on
- 124 Slip away from
- 125 Gillette brand name
- 126 — -Pei (kind of dog)
- 127 ISP customers
- 128 Fix, as a bow
- 129 With 26-Across, skills of the past
- DOWN
- 1 Raven calls
 - 2 Old Ritz rival
 - 3 German river to the Fulda
 - 4 Daydream
 - 5 — -jongg
 - 6 Stress or sun, to some
 - 7 Big Apple district
 - 8 Hooky-playing
 - 9 Smoothing machine
 - 10 Existed
 - 11 Grant with six Grammys
 - 12 I, to Hans
 - 13 Perceiving
 - 14 Memphis loc.
 - 15 Patty flipper
 - 16 Northern lights, e.g.
 - 17 Acela offerer
 - 18 In a low way
 - 24 Diner’s bill
 - 25 Prefix with byte or watt
 - 30 In no peril
 - 32 Welsh city and county
 - 34 Pulled off
 - 35 Opposite of crosswise, archaically
 - 37 Traitor type
 - 38 Menu phrase
 - 39 Retrospect
 - 41 Ovine zodiac sign
 - 42 Coal-rich German region
 - 43 Make null
 - 44 With frenzy
 - 50 More wan
 - 51 Fashioned
 - 52 Rival of iOS
 - 54 Canon shooter line
 - 55 Gliding like a supermodel
 - 56 Gridiron great
 - 57 Clay target sport
 - 59 Judo-like cardio fad
 - 60 Anxious
 - 61 Hypothetical missing links
 - 62 Trouble
 - 63 Magna — (document of 1215)
 - 64 Weakly hit fly ball
 - 70 Give a line to
 - 71 Many a Net game
 - 72 Grooving on
 - 73 Likes at once
 - 75 Rattle
 - 77 Base of a number system
 - 80 Crumbly cheese
 - 81 Drizzle, e.g.
 - 82 Barn bundle
 - 83 Sachet bit
 - 88 Cutting barb
 - 89 KGB figure
 - 90 Actor Rod
 - 91 Resistance measures
 - 93 “— Misérables”
 - 94 Make heroic
 - 96 Scrambling kitchen tools
 - 97 ESPN’s Storm
 - 98 Mysteries
 - 99 Shoves
 - 100 Duel blade
 - 101 Evening meal
 - 107 —Kosh
 - B’Gosh (clothing brand)
 - 109 Pale tan
 - 110 “The — the limit!”
 - 111 Lick soundly
 - 112 German auto
 - 114 Until
 - 115 Quaint letter starter
 - 116 See 120-Down
 - 119 — -de-France
 - 120 With 116-Down, a lot travels in it
 - 121 “Well, I’ll be!”

1	2	3	4		5	6	7	8	9		10	11	12	13	14		15	16	17	18
19					20						21							22		
23					24						25							26		
27							28							29		30				
					31		32		33			34	35			36				
37	38	39			40	41	42				43				44					
45					46						47				48					
49					50					51	52			53	54			55	56	57
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63	64				65					66				67			68			
69					70					71				72			73			
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79										80				81			82			83
84										85				86			87			88
					90	91				92	93						94			95
96	97	98								99				100	101					102
103										104				105						106
108										109							110			111
117										118				119	120					121
122										123							124			125
126										127										129

King Crossword

- ACROSS
- 1 Media watch-dog org.
 - 4 Basin access-ory
 - 8 Jason’s ship
 - 12 Carte lead-in
 - 13 Old woman’s home?
 - 14 Cat call
 - 15 Capital of Uzbekistan
 - 17 Elliptical
 - 18 Involve
 - 19 Plant bristle
 - 21 Mischievous tyke
 - 22 Capital of Rwanda
 - 26 Prologue
 - 29 Fast flier
 - 30 Director Howard
 - 31 Little lamb’s owner
 - 32 Prohibit
 - 33 Ostentatious display
 - 34 Santa — winds
 - 35 Blunder
 - 36 Point of view
 - 37 Capital of Mozambique
 - 39 Ostrich’s cousin
 - 40 Cal.’s ocean
 - 41 Dutch exports
 - 45 Shaving cream
- additive
- Capital of Turkmenistan
- Sunup
- One-on-one battle
- Wall climber
- Newspaper pg.
- Bizarre (Var.)
- Gender
- DOWN
- 1 Karma
 - 2 Family
 - 3 Group of actors
 - 4 Inuit
 - 5 Puppy
 - 6 A billion years
 - 7 Gotten back
 - 8 In the thick of
 - 9 Accelerate quickly
 - 10 — long way
 - 11 Hooter
 - 16 Hirsute
 - 20 Humor
 - 23 Met melody
 - 24 Forsaken
 - 25 “Meet Me — Louis”
 - 26 Mosque big wig
 - 27 “Peter Pan” pooch
 - 28 Snare
 - 29 Cookie holder
 - 32 Rich fabric
 - 33 “Be-Bop- —”
 - 35 Greek vowel
 - 36 With compla-cence
 - 38 Knock over
 - 39 Bygone anes-thetic
 - 42 Sacred
 - 43 Egyptian bird
 - 44 Macadamize
 - 45 Charon’s river
 - 46 Once around the track
 - 47 Have bills
 - 49 Seek damag-es

PLACES WITH AN “A” FRONT AND BACK

E N K H E B Y W T R O L J G E

B Y W U R A P N K I G D B Z X

V S Q A B O M K I G E C A Y W

U S Q U A M A B A L A P A N L

J H R G L F A I E I C A F Y X

V A U U G S S C N Q D P R A N

M L T S E A K E I A J A I R H

F A E T R C M B Z R B Y C O X

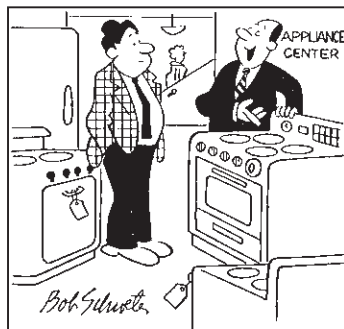
V S U A I R D N A X E L A R T

R K Q P A C O M L K I M A U A

H A R A K N A T N A L T A A G

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Africa
- Alabama
- Albania
- Alexandria
- Algeria
- America
- Ankara
- Arcadia
- Armenia
- Aruba
- Asia
- Atlanta
- Attica
- Augusta
- Aurora



**"Here's just the stove for a bachelor
like you — it comes with a smoke**

answer on page 29

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Beguile _____
DUELED
 Small _____
TILLET
 Respond _____
ACERT
 Grace _____
DROAN

TODAY'S WORD

8			2			4		
		9		3			1	
	5				8			7
9			7			8	2	
		3			5			4
	2			8		6		
	6	4			1	9		
		5	6					1
2				7			4	

SUDOKU

To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Fence board is missing. 2. Stripe is missing. 3. Sleeve is shorter. 4. Cloud is smaller. 5. Cap is missing. 6. Arm is moved.

Python Necropsy And Breeding Season Results

More than four years of research is yielding remarkable results in the study and management of the invasive Burmese python in Southwest Florida. Over the course of four breeding seasons, the Conservancy of Southwest Florida's wildlife biologists have removed more than 6,500 pounds of python and more than 3,000 developing python eggs from the local ecosystem. This collaborative and proactive effort is dedicated to managing the population of an invasive apex predator in Collier County Florida.

During a necropsy of a 17-foot, 152-pound female on Thursday, April 13, Conservancy wildlife biologists documented at least 95 developing eggs.

"Our research focus has evolved to target female pythons and disrupt the breeding season activity in a localized area of Southwest Florida," said Ian Bartoszek, wildlife biologist and science coordinator for the Conservancy of Southwest Florida. "Through hunting and tracking efforts we have a technique that seems to be working while we wait for an even more effective weapon to be developed. These efforts enable our team to learn more about the behavior and movement of pythons, deter the growth of this population, and to positively impact our surrounding ecosystem."

"We follow the science," said Conservancy of Southwest Florida President and CEO Rob Moher. "If we can remove python eggs from the equation the results are two-fold. We are keeping the snakes from multiplying and reducing the overall impact on our native wildlife population."



**Jaimie Kittle, Ian Bartoszek and Ian Easterling with three
Burmese pythons** photo provided

Some research shows that the Burmese python is responsible for a 90 percent decline in small mammal populations within the Everglades.

"After four years of studying these cryptic animals, we feel the best way to locate a female python during the breeding season is by tracking a male python. We've turned the pythons against themselves," said Bartoszek.

Biologists are accumulating valuable life history information on the behavior of Burmese pythons in Southwest Florida. This information is leading to the development of an effective management technique that combines both hunting and radio-telemetry tracking tools to target and remove breeding female pythons and disrupt the egg-laying cycle.

A total of 20 adult pythons are currently under surveillance by radio tag, leading researchers to more

pythons, and enabling the team to gain a better understanding of their movement patterns and control the growth of this invasive species. This year alone, one captured python named Jaeger has led researchers to three breeding females. The removed adult female pythons are humanely euthanized, and the Conservancy of Southwest Florida's wildlife biologists then perform a necropsy to examine the creature, log data and collect samples for further studies.

The Conservancy of Southwest Florida has partnered with scientists and land managers from Denison University, Rookery Bay National Estuarine Research Reserve (RBNERR), U.S. Geological Survey, Naples Zoo and Southwest Florida Cooperative Invasive Species Management Area to study and address the ecological problem of pythons in Southwest Florida.

Since 2013, the Conservancy of Southwest Florida team has captured more than three tons of python from East Naples. Activities encompassed through the research team's project includes foot and road surveys to better understand the range of pythons in Southwest Florida; outreach efforts to educate land owners and land managers about pythons; mailings and billboard postings to raise awareness and gain information; removal of pythons across Southwest Florida; necropsies of collected pythons to obtain information about diet and reproductive activity; tracking pythons through radio telemetry to learn ecological habits; using radio-tagged pythons to find untagged pythons; and construction and testing of trapping methods.

To report an invasive species sighting, the public is asked to call 800-Ive-Got-1 or visit www.IveGotOne.org. For more information, visit www.conservancy.org. ❖

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"Wir Sprechen Deutsch"



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 I come to your Home, Condo or Hotel.
 Reasonable Rates. Satisfaction
 Guaranteed. 239-284-3639.
 *RS 3/3 CC TFN

QUALITY SENIOR CARE

24 Yrs Exp. Working With Seniors
 at Shell Point Retirement Community
 Nursing Assistant and CPR Trained
 -Personal Care -Companion -Meals
 -Transport -Cleaning -Shopping
 -Home Sitting -Pet Care -Yard Care
 -Recreation/Leisure Activities
 Excellent References. Loving/Patient
 DAWN 239-204-0475
 * 4/14 CC 6/2

ROGER NODRUFF ELECTRIC

Lic# EC12002788.
 Call Roger 239-707-7203.
 Aqualink - Motor Controls.
 Office & Store Maint.
 *RS 6/7 CC TFN

HOLISTIC HOME CLEANING

Optimize your health and home
 Utilizing hydrogen peroxide, fresh citrus,
 b. soda and Suds.
 Sonya @ 239-246-7007.
 *RS 12/23 CC TFN

WINDOW CLEANING

Residential, Commercial
 New Construction Window Cleaning
 JC (407)902-7845 @jcwwindowcleaningswf
 10% OFF First time/ FREE estimates
 * 4/28 CC 5/19

SERVICES OFFERED

SANIBEL HOME WATCH SERVICES

Will Check Your Home Weekly/Biweekly
 Very Reasonable Rates
 Licensed - Insured - Bonded
 239-322-8054 Sanibelhw@gmail.com
 *NS 9/16 CC TFN

SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming
 Weeding, Installation of Plants, Trees and
 Mulch (one month free service available)
 Joe Scarnato (239) 849-6163
 scarnatolawn@aol.com
 *RS 1/25 BM TFN

HELP WANTED

EMPLOYMENT

Local Lawn & Landscape Company is now
 hiring part time and full time. Please send
 resume to: Enviromow@outlook.com or
 call 239-896-6789.
 * 4/28 CC 5/5

HELP WANTED

Arts nonprofit organization in Captiva
 seeks to engage a committed person in
 the role of Kitchen Assistant/ Housekeeper.
 The successful candidate must be detail
 oriented, efficient and organized with
 strong time management skills. S/he needs
 to be able to work independently, as well as
 perform as part of a team. A willingness to
 learn and grow in the position is necessary.
 Position begins May/June. Hourly, average
 25 hrs/week, year round. Cover letter
 outlining interest and related experience
 or resume, and three references should be
 sent to captiva-employment
 @rauschenbergfoundation.org.
 No phone calls, please.
 * 4/28 CC 5/12

JERRY'S FOODS SERVERS & BARISTAS

Part Time Evening And Weekend Front
 End Associates Needed. Looking for
 energetic, personable, and fun
 individuals, with open availability
 Monday through Sunday.
 If interested call and ask for
 John, Norm Sarah 472-9300.
 1700 Periwinkle Way
 *NS 5/6 BM TFN

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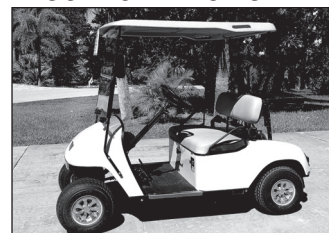
HELP WANTED

VACATION RENTAL RESERVATIONS AGENT

Full Time - Must be familiar with
 Sanibel & Captiva Islands. Candidate
 should possess good communication
 skills, computer knowledge;
 Excel and Word proficient and like
 working with people. Excellent
 compensation package based on
 Vacation Rental experience.
 Respond only by Fax to
 239-437-7543 or email to
 DSchuldenfrei@VIPRealty.com
 * 5/5 CC TFN

VEHICLES FOR SALE

GOLF CART FOR SALE



Street legal, "gas" powered.
 \$7,000. 239-209-6500
 *RS 1/20 BM TFN

BOATS - CANOES - KAYAKS

DOCKAGE

Hourly, Daily, Weekly
 and Monthly.
 Captiva Island 472-5800
 *RS 1/4 NC TFN

Cycling Safety Notes

Ride to the right

Warn to pass

Wear a helmet

Use lights at night

Always be courteous



SANIBEL BICYCLE CLUB

PETS OF THE WEEK



Olivia
Haven on Earth Animal League
Olivia And Sophia
Hi there! I'm Olivia. I'm only eight weeks old and just a cute little ball of black fluff. I am really special because I have extra toes on one front paw. My foster mom has been taking good care of me, and I am just now ready for adoption. My adoption fee is \$125. To schedule an appointment to see me, call Diane at 860-833-4472 or email Haven on Earth Animal



Sophia
League at havenonearthanimalleague@yahoo.com.
Hi, my name is Sophia. I am a really sweet girl, less than a year old. I am a Maine coon mix with a beautiful bushy tail and bright green eyes. I'm up to date on all vaccinations, spayed and micro-chipped. My adoption fee is \$100. I am currently residing with a foster mom. To make an appointment to see me, call Diane at 860-833-4472 or email Haven on Earth Animal League at havenonearthanimalleague@yahoo.com.
We are being cared for by Haven on Earth Animal League. For more information, email havenonearthanimalleague@yahoo.com.✧



From left, Rick Michel, Paul Fratello, Officer Ezra Padgham, K-9 Lord and Richard Paine photo provided

Police Group Funds New K-9
The Fort Myers Police Department (FMPD) was able to purchase a new K-9 German Shepherd with funds donated by the Fort Myers Police Foundation (FMPF).
The City of Fort Myers initially purchased the new addition named Lord who is about 18 months old. The FMPF reimbursed the city Lord's \$8,500 cost.
As with previous FMPD K-9s, Lord was imported from Germany. Officer Ezra Padgham will serve as Lord's handler.
For more information, visit www.fortmyerspolicefoundation.org.✧

Animal Services
Dual Promotions

Lee County Domestic Animal Services (LCDAS) will feature two promotions in May.
In honor of prom season, adoption fees for senior pets will be \$20 all month. Adult dogs and cats

will cost \$30.
The adoption package valued at \$500 includes: spay/neuter surgery, age-appropriate vaccinations, Lee County pet license, microchip ID, de-worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, Pet Behavior Helpline and a 10-day pet guarantee.
On May 20, a special "kitten shower" event will be held noon to 3 p.m. on Saturday, May 20 to help with

kitten season. Several groups will join LCDAS, and presentations are planned on topics such as fostering and adoption.
Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. The adoption center is open 10:30 a.m. to 3:30 p.m. Monday to Saturday. Available pets can be viewed online at www.leelostpets.com; also visit the Facebook page. Call 533-7387 for more information.✧

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Frowes	Captiva	1955	5,403	\$6,500,000	\$5,712,500	527
Barefoot Beach	Bonita Springs	2001	6,500	\$4,385,000	\$4,150,000	36
Jose's Hideaway	Captiva	2008	2,917	\$2,495,000	\$2,000,000	454
Oakbrook	Estero	2004	4,155	\$1,499,500	\$1,452,500	358
Vittoria	Fort Myers	2015	5,800	\$1,399,000	\$1,150,000	172
Beachview Country Club Estates	Sanibel	2002	2,500	\$1,250,000	\$1,050,000	46
Beachview Country Club Estates	Sanibel	2001	2,736	\$1,199,000	\$1,130,000	6
Riverside	Fort Myers	1928	4,342	\$995,000	\$955,000	4
Pelican Landing	Bonita Springs	1993	3,337	\$949,900	\$800,000	284
Little Lake Murex	Sanibel	1985	2,023	\$899,000	\$850,000	100

Courtesy of Royal Shell Real Estate



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FLAVORS FROM THE
CARIBBEAN RIM!

*“For the sun-kissed & sun-desirous
alike, a vacation on a plate.”*

*The New York Times
Magazine*

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Sanibel Island



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Sanibel Island FL, 33957
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Captiva Island



South Seas Island Resort
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